

Tuesday's Strut

Count: 32

Wall: 4

Level:

Choreographer: Esella Thompson (USA) & Kathleen Burger

Music: Down to My Last Teardrop - Tanya Tucker



CABBAGE PATCH

With both hands in front of you, elbow length and body width apart, make fists palm side down. Feet slightly apart, knees bent.

- 1-2 With a stirring/circular motion, hands & hips rotate from left to right
- 3-4 Repeat
- 5 Bring the right hand up with a sweeping motion and snap fingers.
- &6 Sweep right hand to left then back to right and snap fingers.
- 7-8 Stomp right, stomp right.

- 9 Right heel forward
- 10 Right toe back
- 11 Right heel forward
- 12 Shift weight forward, dropping right foot.

- 13 Left heel forward
- 14 Left toe back
- 15 Left heel forward
- 16 Shift weight forward dropping left foot

- 17 Right heel out, 45 degrees
- 18 Bring right foot together with left
- 19 Left heel out, 45 degrees
- 20 Bring left foot together with right

- 21 Point right toe to right
- 22 Place ball of right foot on left side of left foot
- & ¼ turn left equally on balls of feet
- 23 Lower left heel
- 24 Clap

SUGAR STEPS

- 25 Ball of right foot, inside of heel facing in or forward, & twisting body right
- 26 With weight on ball of right foot, swivel right heel back to center position
- 27-28 Repeat sugar step on the left foot
- 29 Sugar right
- 30 Sugar left
- 31 Stamp right
- 32 Stamp left

REPEAT