### **Under Control**



Count: 48 Wall: 4 Level: Intermediate

Choreographer: Robbie McGowan Hickie (UK)

Music: Little Secret - Rachel Stevens



# FORWARD ROCK & TOUCH ACROSS, LEFT LOCK STEP FORWARD, TOUCH OUT, MONTEREY ¾ TURN RIGHT, CHASSE LEFT

1&	Rock forward on ball of left, rock back on right
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2 Touch left toe across right foot - bend knees & dip down slightly - pushing hips back

3&4 Step forward on left, lock right behind left, step forward on left

5-6 Touch right toe out to right side, pivot <sup>3</sup>/<sub>4</sub> turn right stepping right beside left

7&8 Step left to left side, close right beside left, step left to left side - leaving right toe right

### ROCK BEHIND & TOUCH, ROCK ACROSS & TOUCH, RIGHT SAILOR 1/4 TURN RIGHT, FORWARD ROCK

1&2	Cross rock ball of right behind left, rock forward on left, touch right toe out to right side
3&4	Cross rock ball of right over left, rock back on left, touch right toe out to right side
5&6	Cross right behind left turning 1/4 turn right, step left beside right, long step forward on right
7.0	Dook farward on left, rock book on right

#### 7-8 Rock forward on left, rock back on right

#### LEFT LOCK STEP BACK, TRIPLE STEP ½ TURN RIGHT, SIDE ROCK & CROSS, SIDE ROCK & TOUCH

1&2	Step back on lett, lock right across lett, step back on lett
3&4	Triple step turning ½ turn right stepping right, left, right, (optional: 1 ½ turns right)

Rock left out to left side - pushing hips left, recover weight on right, cross step left over right

7& Rock right out to right side - pushing hips right, recover weight on left

8 Touch right toe beside left - popping right knee in across left

### SIDE ROCK & CROSS, SIDE STEP LEFT, SLIDE, 1/4 TURN RIGHT, 1/2 TURN RIGHT, RIGHT COASTER STEP

1&2	Rock right out to right side - pushing hips right, recover weight on left, cross step right over
	loft

left

3-4 Long step left to left side, slide right towards left ending with a touch

5-6 Turn ¼ turn right stepping forward on right, turn ½ turn right stepping back on left

7&8 Step back on right, step left beside right, step forward on right

Restart point on wall 5 (facing 3:00)

### DIAGONAL STEP LOCK & TOUCH, ¼ TURN RIGHT, ½ TURN RIGHT, CHASSE ¼ TURN RIGHT, LEFT FORWARD MAMBO

1-2	Step left diagonally forward left, lock right behind left
&3	Step left diagonally forward left, touch right beside left
4-5	Turn ¼ turn right stepping forward on right, turn ½ turn right stepping back on left
6&7	Turn ¼ turn right stepping right to right side, close left beside right, step right to right side
8&1	Turning to face right diagonal, rock forward on left, rock back on right, step back on left

## RIGHT LOCK STEP BACK, ¼ TURN LEFT, ½ TURN RIGHT, LEFT LOCK STEP FORWARD, PIVOT/SPIN ¾ TURN RIGHT

2&3	Still on diagonal, step back on right, lock left across right, step back on right
4	On ball of right pivot ¼ turn left stepping onto left foot - popping right knee forward
5	Pivot ½ turn right (taking weight on right) - popping left knee forward, (facing 6:00)
6&7	Step slightly forward on left, lock right behind left, step slightly forward on left
8	Pivot/spin ¾ turn right, (weight ends on right) (facing 3:00)

#### **REPEAT**

#### **RESTART**

When dancing to the music "little secret" a restart is needed on wall 5. Dance to count 32. Then start the dance again from the beginning, (you will be facing 3:00 wall)