Understanding Mambo

Count: 32 **Wall:** 2 **Level:** Intermediate
Choreographer: Susanne Mose Nielsen (DK)
Music: Peace Understanding and Love - Tamra Rosanes

THE INTRO
8 counts intro in the music. Then dance "the intro" once, and start the dance
RIGHT MAMBO FORWARD - LEFT MAMBO BACK - SIDE ROCK CROSS - SIDE, TOUCH

1&2	Step forward on right, recover weight on left, step right next to left
3&4	Step back on left, recover weight on right, step left next to right
5&6	Step right to right, recover weight to left, cross right over left
7-8	Step left to left, touch right next to left

RIGHT CHASSE - BACK ROCK - LEFT CHASSE, BACK ROCK, SWAY RIGHT, LEFT

9&10	Step right to right side, step left next to right, step right to right side
11-12	Step back on left, recover weight on right
13&14	Step left to left side, step right next to left, step left to left side
15-16	Step back on right, recover weight on left
17-18	Step right to right and sway right hip to the right, recover weight on left and sway left hip to left

THE DANCE
RIGHT MAMBO FORWARD - LEFT MAMBO BACK - SIDE ROCK CROSS - SIDE, TOUCH

1&2	Step forward on right, recover weight on left, step right next to left
3&4	Step back on left, recover weight on right, step left next to right
5&6	Step right to right, recover weight to left, cross right over left
7-8	Step left to left, touch right next to left

¼ RIGHT SHUFFLE - FULL TURN RIGHT - LEFT MAMBO FORWARD - RIGHT MAMBO BACK

9&10	Step right into ¼ turn right, step left next to right, step right forward (3:00)
11-12	(Moving forward) turn ½ turn right stepping back on left, turn ½ turn right stepping forward on right
13&14	Step forward on left, recover weight on right, step left next to right
15&16	Step back on right, recover weight on left, step right next to left

SWAY LEFT, RIGHT- LEFT SAILOR STEP - UNWIND ¾ RIGHT - LEFT SHUFFLE FORWARD

17-18	Step left to left and sway left hip to the left, recover weight onto right and sway right hip to the right
19&20	Step left behind right, step right to the right, step left slightly diagonal left forward
21-22	Touch right behind left, on ball of feet unwind ¾ ends up with weight on right (12:00)

Restart from here during 4th wall

23&24	Step left forward, step right next to left, step forward on left

RIGHT MAMBO FORWARD - WALK BACK LEFT, RIGHT - LEFT MAMBO BACK - LEFT PIVOT TURN

25&26	Step forward on right, recover weight on left, step right next to left
27-28	Walk back left, walk back right
29&30	Step back on left, recover weight on right, step left next to right
31-32	Step forward on right, pivot ½ turn left (6:00)

REPEAT

TAG

After 2nd wall and after 4th wall

1-4	Sway right, sway left

RESTART

During 5th wall in 3rd section

1-4	Sway left, right
5&6	Left sailor step
7-8	Walk ¾ right on right and left