Urban Lifestyle



Count: 48 Wall: 2 Level: Intermediate

Choreographer: Jan Wyllie (AUS)

Music: Better Life - Keith Urban



This dance was written to celebrate the marriage of Keith Urban and Nicole Kidman in Sydney on 25th June 2006. May they have a long and happy life together

STOMP UP &	STEP BACK	COASTER	STOMP UP & STEP BACK, COASTER	2
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1&2	Stomp right beside left, small hop on left on the spot, step back on right
3&4	Step back on left, step right beside left, step forward on left (coaster)
5&6	Stomp right beside left, small hop on left on the spot, step back on right
7&8	Step back on left, step right beside left, step forward on left (coaster)

FORWARD LOCK STEP, WALK FORWARD LEFT, RIGHT, FORWARD MAMBO, WALK BACK RIGHT, LEFT

9&10	Step forward on right, lock/step left behind right, step forward on right

11-12 Walk forward left, right

13&14 Rock/step forward on left, rock back on right, step back on left (mambo)

15-16 Making a full turn right walk back right, left (or just walk back right, left, if you can't turn)

1/2 TURN SHUFFLE, LOCK/SHUFFLE FORWARD, TOUCH TOE FORWARD STEP BACK, COASTER

17&18	Making ½ turn right back over right shoulder shuffle forward right, left, righ	t
170010	Making /2 turn right back over right shoulder shuffle forward right, left, right	ι

19&20 Lock/shuffle forward left, right, left

21-22 Touch right toe forward, step back on right

23&24 Step back on left, step right beside left, step forward on left (coaster)

STEP PIVOT 1/4, SHUFFLE FORWARD, FORWARD MAMBO, WALK BACK RIGHT, LEFT

25-26	Step forward on right	pivot ¼ left transferring	weight to left
20 20	Olop ioi waia oii iigiit,	pivot /4 icit tialibicitiiiq	Weight to left

27&28 Shuffle forward right, left, right

29&30 Rock/step forward on left, rock back on right, step back on left (mambo)

31-32 Making a full turn right walk back right, left (or just walk back right, left if you can't turn)

½ TURN SHUFFLE, FORWARD ROCK RETURN, COASTER CROSS, SIDE ROCK RETURN

33&34	Making ½ turn right back over right shoulder shuffle forward right, left, right
35-36	Rock/step forward on left, rock back on right

37&38 Step back on left, step right beside left, step left across right (coaster cross)

39-40 Rock/step right to right, rock/return weight sideways onto left

RIGHT SAILOR STEP, ¼ TURN SAILOR STEP, ½ TURN SHUFFLE, &,HEEL JACK &STEP FORWARD

41&42	Step right behind left, ste	o left to left. step ri	ight to right (sailor step)

43&44 Step left behind right, making ¼ right step forward on right, step back on left (¼ sailor step)

45&46 Making ½ turn right shuffle forward right, left, right

&47&48 Step back on left, touch right heel forward, step right beside left, step forward on left

REPEAT