# Vertical Rhythm (P)



Count: 56 Wall: 0 Level: Partner

Choreographer: Diane Jackson (UK)

Music: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



Position: Closed Western, man facing OLOD, mirror image dance. Steps are for the man unless stated

#### SIDE, ROCK STEP, CHASSE 1/4 TURN, STEP TURN, SHUFFLE

1 Step left to left

2-3 **MAN:** Step back right behind left, rock step forward on left

LADY: Step forward right, rock back left

Step right to right, step left to next to right, step right to right with ¼ turn right (RLOD)

Now side by side holding inside hands

6-7 Step forward on left, pivot ½ turn right, release left hands pick up inside hands after turn

8&9 Shuffle forward left, right, left (LOD)

#### ROCK STEP, SHUFFLE, 1/4 TURN, CROSS SIDE CROSS, SIDE ROCK

10-11 Step forward on right, rock back on left
12&13 Shuffle forward right, left, right

14-15 Step forward left, turn ½ turn right to face partner, weight on right. Pick up lady's right hand

16&17 Cross step left across right, right to right, cross step left across right

18-19 Right steps side right, rock weight back onto left

#### CROSS SIDE CROSS, SIDE ROCK, SHUFFLES TO CHANGE PLACES, ROCK STEP

20&21 Cross step right over left, step left to left, cross step right over left

22-23 Step left to left side, rock weight back onto right Shuffle left, right, left forward (changing places)

Drop lady's left hand raise her right

26&27 Shuffle right, left, right (turning ½ turn left to face lady) Pick up lady's left hand, man is now on outside of circle facing in

28-29 Step back on left, rock weight forward on to right

### SHUFFLES, 1/4 TURN, CROSS SIDE CROSS, SIDE ROCK

Turning ¼ turn left to face RLOD left shuffle forward, holding lady's left hand

32&33 Right shuffle forward - RLOD

34-35 Step forward left, turn 1/4 turn right to face partner, weight on right pick up lady's right hand

Step left across right, right to right, left cross right Right steps side right, rock weight back onto left

#### SHUFFLES TO CHANGE PLACES, ROCK STEP

#### Drop lady's right hand as you shuffle to change places end up side by side holding inside hands facing LOD

Shuffle forward right, left, right bringing lady under your right arm as you change places
Shuffle left, right, left (turning ¼ turn right to side by side holding inside hands) now facing

LOD

44-45 Rock step back right, forward on left

#### **FULL TURN ON 2 SHUFFLES, ROCK STEP**

46&47	Shuffle right, left, right turning left away from partner drop hands (progressing up LOD)
48&49	Shuffle left, right, left continuing turn to face LOD you will now have completed a full turn

50-51 Step forward right, rock back on left 52&53 Shuffle forward right, left, right

# 1/4 TURN, SIDE TOGETHER

54-55 Step forward left, turn 1/4 turn right to face partner, weight on right

56& Step left to left, step right next to left

## **REPEAT**