

White Flag

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Alison J. Austerberry (UK)

Music: White Flag - Dido



SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

- 1-2 Skate forward diagonally right, skate forward diagonally left
- 3&4 Step forward right diagonally, close left beside right, step forward right
- 5-6 Skate forward diagonally left, skate forward diagonally right
- 7&8 Step forward left diagonally, close right beside left, step forward left

SLIDE STEPS RIGHT AND LEFT, SWAY 1/8 TURN, SWAY 1/8 TURN

- 9-10 Large step right to right side, slide left up next to right without weight
- 11-12 Large step left to left side, slide right up to next to left without weight
- 13-14 Step 1/8 turn left on ball of left foot, swaying hips to right
- 15-16 Step 1/8 turn left on ball of left foot, swaying hips to right

MAMBO ROCK, ROCK RECOVER, CROSS SHUFFLE, MAMBO ROCK

- 17&18 Mambo rock forward on right, rock back on left, step back on right
- 19-20 Rock left to left side, recover on right
- 21&22 Cross left over right, step right to right side, cross left over right
- 23&24 Mambo rock right to right side, rock onto left, step right next to left

MAMBO ROCK, SIDE CLOSE SIDE, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 25&26 Mambo rock back on left, rock back on right, touch left next to right
- 27&28 Step left to left side, close right next to left, step left to left side
- 29&30 Sailor step right behind left, step on left, step on right
- 31&32 Sailor step left behind right, step on right, step on left

REPEAT

When dancing to White Flag there are optional arm movements during the dance; waving arms in a flag motion, and holding up in surrender position. They will be obvious from the words of the song.
