

# A Woman's Heart

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Ronnie James (UK)

Music: Woman's Heart - Chris De Burgh



---

## CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

- 1-4 Cross rock right over left, recover on left, shuffle right on right, left, right  
5-8 Cross rock left over right, recover on right, shuffle left on left, right, left

## ROCK BACK, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE & TURN ½ LEFT

- 9-12 Rock back on right, recover on left, shuffle forward on right, left, right  
13-16 Rock forward on left, recover on right, shuffle & turn ½ left

## CROSS, SIDE, CROSS SHUFFLE, ¼ TURN, HOLD, ROCK BACK, RECOVER

- 17-20 Cross right over left, step left to side, cross shuffle right over left  
21-24 Step left to side turning ¼ right, hold, rock back on right, recover on left

## ROCK FORWARD, HOLD, COASTER STEP, SHUFFLE FORWARD, TURN ¾ RIGHT

- 25-28 Rock forward on right, hold, left coaster step  
29-32 Shuffle forward on right, left, right., turn ¾ right on left & right

## SIDE, BEHIND & CROSS, SIDE, ROCK BACK, SHUFFLE FORWARD

- 33-36 Step left to side, step right behind left & step left to side, cross right over left  
37-40 Rock back on right, recover on left, shuffle forward on right, left, right

## ROCK FORWARD, SAILOR TURN, SHUFFLE FORWARD TWICE

- 41-44 Rock forward on left, recover on right, turn ¼ left on left, right, left  
45-48 Shuffle forward on right, left, right., shuffle forward on left, right, left

## ROCK FORWARD, COASTER STEP, ROCK FORWARD, SHUFFLE & TURN ½ LEFT

- 49-52 Rock forward on right, recover on left, right coaster step  
53-56 Rock forward on left, recover on right, shuffle & turn ½ left

## SKATE TWICE, KICK BALL CHANGE, STEP, DRAG & STOMP

- 57-60 Skate right forward, skate left forward, right kick ball change  
61-64 Step forward on right, drag left towards right on 2 counts, stomp left

## REPEAT

## TAG

After step 44 on the 4th wall, stomp right next to left & hold for 3 counts, then restart the dance

## OPTIONAL ENDING

To end facing the front cross right over left and unwind ¾ left

---