Count: 64 Wall: 0 Level: Partner
Choreographer: Chrissie Smith (UK)
Music: Throw Me Away - Charlie Landsborough


Position: Sweetheart (Side by Side) unless otherwise stated

| STEP, LOCK, | LEFT SHUFFLE, STEP, LOCK, RIGHT SHUFFLE |
| :--- | :--- |
| $1-2$ | Step diagonally forward on left, lock right behind left |
| $3 \& 4$ | Step forward on left, bring right up to left, step forward on left |
| $5-6$ | Step diagonally forward on right, lock left behind right |
| $7 \& 8$ | Step forward on right, bring left up to right, step forward on right |

$1 / 4$ TURN RIGHT, (CREATING SHADOW POSITION), STEP TOUCHES X 4
\& On ball of right make $1 / 4$ turn right (hands may be placed on lady's hips)
9-10 Step side left, touch right next to left
11-12 Step side right, touch left next to right
13-16 Repeat steps 9-12
$1 / 4$ TURN LEFT, KICK, WALK BACK TWICE, $1 ⁄ 2$ TURN STEP, STEP $1 ⁄ 2$ TURN PIVOT, STEP
17-18 Make $1 / 4$ turn left stepping forward on left, kick right forward
19-20 Step back on right, step back on left
Man drop lady's left hand
21 Make $1 / 2$ turn right stepping forward on right
22-24 Step forward on left, pivot $1 / 2$ turn right, step forward on left
Rejoin hands
ROCK STEP FORWARD, SHUFFLE BACK TWICE, ROCK BACK
25-26 Rock forward onto right, recover weight back onto left
Dropping left hand and raising right
27\&28 MAN: Step back on right, close left next to right, step back on right
LADY: Make $1 / 2$ turn shuffle right, stepping right left right
29\&30 MAN: Step back on left, close right next to left, step back on left
LADY: Repeat 27\&28
Rejoin hands in side by side position
31-32 Step back on right, recover weight back on to left
TOUCH, STEP, LEFT SHUFFLE, TOUCH, STEP, LEFT SHUFFLE, VINE RIGHT AND TOUCH
33-34 Touch right toe across left, step forward on right
35\&36 Step forward on left, close right next to left, step forward on left
37-40 Repeat steps 33-36
41-42 Step right to right side, step left behind right
43-44 Step right to right side, touch left next to right
VINE LEFT AND TOUCH / LADY: 1 \& ½ TURNS LEFT, TOUCH
Dropping right hand
45-46 MAN: Step left to left side, step right behind left
LADY: Step $1 / 2$ turn left stepping on left, step $1 / 2$ turn stepping on right
47-48 MAN: Step left to left side, touch right next to left
LADY: Step $1 / 2$ turn stepping on left, touch right next to left
Lady should be facing you but to your right side. You should be facing man but to his right side and hands remain above heads

Option: if you don't like turning here, make a $1 / 2$ turn, side right, behind left, touch right

## ROCK FORWARD, ROCK BACK, WALK X 4 MAKING ½ TURN

49-50 Step forward on right, recover weight back onto left
51-52 Step back on to right, recover weight forward on left
Right hands go around partners waist (arch position)
53-56 Walk around for 4 counts making $1 / 2$ turn (stepping right, left, right. Left)
MAN: WALK ROUND X 3, TOUCH / LADY: VINE RIGHT, TOUCH
Drop right hand from waist
57-60 MAN: Continue walking round to right stepping right, left, right
Touch left next to right
LADY: Step right to right side, step left behind right, step right to right side, touch left next to right
Rejoin hands in right side by side position
ROCK FORWARD, ROCK BACK
61-62 Step forward on left, recover weight back onto right
63-64 Step back onto left, recover weight forward onto right
REPEAT

