Yes (I Feel Alright)

Level: Intermediate

Choreographer: John Dowling (UK)

Count: 64

Music: Yes - McAlmont & Butler

RIGHT CHASSE, ROCK RECOVER ¼ LEFT, LEFT SHUFFLE FORWARD, ROCK RECOVER

- 1&2 Step right to side, slide next to right, step right to side chasse right
- 3-4 Making a 1/4 turn left, rock step back on left, recover weight forward onto right
- 5&6 Step left forward, slide right next to left, step left forward
- 7-8 Rock step forward on right, recover weight back onto left

RIGHT SHUFFLE BACK, TOE TOUCH, PIVOT ½ LEFT, JAZZ BOX

- 1&2 Step right back, slide left next to right, step right back shuffle back
- 3-4 Touch left toe behind, pivot 1/2 turn left transferring weight onto left
- 5-6 Cross step right over left, step slightly back on left
- 7-8 Step right next to left, step slightly forward on left

HIP SWAYS X 4, CHASSE RIGHT, ROCK BEHIND, RECOVER

- 1-4 Stepping right in place, sway hips right-left-right-left
- 5&6 Step right to side, slide next to right, step right to side
- 7-8 Rock step left behind right, recover weight forward onto right

HIP SWAYS X 4, CHASSE LEFT, ROCK BACK 1/4 TURN RIGHT, RECOVER

- 1-4 Stepping left in place, sway hips left-right-left-right
- 5&6 Step left to left side, slide right next to left, step left to side
- 7-8 Making a ¹/₄ turn right, rock back on right, recover weight forward onto left

Restart dance on wall 2 - you should be facing 6:00

TOE STRUTS TWICE, JAZZ BOX WITH 1/4 TURN RIGHT

- 1-2 Step right toe forward, lower heel to floor
- 3-4 Step left toe forward, lower heel to floor
- 5-6 Cross step right over left, step slightly back on left
- 7-8 Making a 1/4 turn right, step right next to left, step slightly forward on left

RIGHT SHUFFLE FORWARD, LEFT CHASSE TURNING ¼ RIGHT, ¼ TURN RIGHT ROCK BACK, **RECOVER, RIGHT SHUFFLE FORWARD**

- 1&2 Step right forward, slide left next to right, step right forward
- 3&4 Making a ¼ turn right, step left to left side, slide right next to left, step left to side
- 5-6 Making a 1/4 turn right, rock step back on right, recover weight forward onto left
- 7&8 Step right forward, slide left next to right, step right forward

LEFT SIDE ROCK, RECOVER, CROSSING SHUFFLE, RIGHT SIDE ROCK, RECOVER, CROSSING SHUFFLE

- 1-2 Rock step left to side, recover weight onto right in place
- Crossing shuffle left stepping left over right, right to side, left over right 3&4
- 5-6 Rock step right to side, recover weight onto left in place
- Crossing shuffle left stepping right over left, left to side, right over left 7&8

SIDE STEP TOUCH, BACK STEP TOUCH, STEP FORWARD TOUCH, ¼ MONTEREY TURN RIGHT

- 1-2 Step left to side, touch right next to left
- 3-4 Step back on right, touch left next to right
- Step forward on left, touch right next to left 5-6





Wall: 2

7&8

REPEAT

RESTART

The dance has a restart after count 32 of wall 2. Otherwise just dance it straight through