You Don't Need To Knock

Level: Improver

Choreographer: Pete Cranwell (UK) & John Sharman (UK)

Music: You Don't Need To Knock - Speed Limit

WALK, WALK, KICK, KICK

Count: 32

1-4 Step forward on right, step forward on left, kick right foot forward twice

BACK, BACK, KICK, KICK

Step back on right foot, step back slightly on left foot, kick right foot forward twice. (for effect 5-8 lean back slightly when kicking)

ROCK, RECOVER, CROSS STRUT

- 9-10 Rock to the right on right foot, recover to the left on left foot
- 11-12 Cross right over left stepping weight on right heel, toe down

SIDE, BEHIND, TURN STRUT

- 13-14 Step on left to left side, step on right behind left
- 15-16 Make a quarter turn left strutting forward on left heel, toe down

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STEP, TURN, RIGHT STRUT

17-20 Step forward on right, pivot a half turn left, strut forward on right heel, toe down

STEP, TURN, LEFT STRUT

21-24 Step forward on left, pivot a quarter turn right, strut forward on left heel, toe down

HEEL, HOLD, TOE, HOLD

25-28 Touch right heel forward, hold for one beat, touch right toe back, hold for one beat

STEP, TOGETHER, STEP, TOGETHER

29-32 Step forward on right, step on left beside right, step forward on right, step on left beside right

REPEAT

TAG

Danced after the 4th wall only

1-4	Rock forward on right, recover on left, make a half turn right and strut forward on right heel, toe down
5-8	Rock forward on left, recover on right, make a quarter turn left and strut forward on left heel, toe down
9-12	Step forward on right, pivot a half turn left, strut forward on right heel, toe down
13-16	Step forward on left, make a quarter turn right, strut forward on left heel, toe down





Wall: 2