

Your Body

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Paul Foxall (UK)

Music: Your Body - Tom Novy



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| 1-4 | Walk forward right, left, walk back right left |
| 5-8 | Rock right to the right side, recover, rock right foot behind left, recover |
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| 1-4 | Walk forward right, left, pivot ½ turn right on balls of both feet, turn ½ right stepping back on left |
| 5-8 | Walk round 1 full turn right, left, right, left |
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| 1-2 | Rock right foot to the right side, recover |
| 3&4 | Step right behind left, step left to the left side, step right across left |
| 5-6 | Stomp left foot to the left side, hold |
| 7-8 | Swing hips left to right, slightly bending the knees (keep weight on left) |
| | |
| 1&2 | Right coaster step |
| 3-4 | Step forward left, pivot ½ turn right |
| 5-6 | Turn ½ right stepping back on left, hold |
| 7-8 | Rock back on right, recover |
| | |
| 1-2 | Walk forward right, left |
| &3-4 | Rock right to right side turning ¼ of a turn to the left, cross right over left |
| 5-6 | Stomp left to left side, hold |
| &7-8 | Step right next to left, step left to left side, step right next to left |
| | |
| 1-2 | Rock left to left side, recover |
| 3&4 | Step left behind right, step right to right side, step left across right |
| 5-6 | Rock right foot to right side, recover |
| 7-8 | Rock right foot behind left, recover |
| | |
| 1-2 | Step right foot forward, pivot ½ turn left |
| 3-4 | Step right foot forward, pivot ¼ turn left |
| 5-6 | Step right across left, step left to left side |
| 7&8 | Step right behind left, step left to left side, step right across left |
| | |
| 1-2 | Step left to left side, hold |
| &3-4 | Step right next to left, step left across right, step right to right side |
| 5-6 | Touch left toe back, turn ½ turn left as you step on it |
| 7-8 | Rock right to right side as you turn ¼ turn left, recover |

REPEAT
