## Mr Vain

Level: Intermediate



**COPPER KNO** 

Count:64Wall:2Choreographer:Paul Crawshaw (UK)Music:Mr. Vain - Culture Beat

## **SYNCOPATED** HIP BUMPS, **SYNCOPATED STEP LOCK STEPS** 1&2 Step diagonally forward on right, bumping hips forward back forward 3&4 Step diagonally forward on left, bumping hips forward back forward 5&6 Step forward on right, lock left behind right, step forward on right 7&8 Step forward on left, lock right behind left, step forward on left **SYNCOPATED** JAZZ BOX WITH POINT, CROSS SHUFFLES TO LEFT 1-2 Cross right over left, step back on left &3-4 Step right next to left, cross left over right, point right toe to right 5&6 Cross right over left, step left to left, cross right over left

&7&8 Step left to left, cross right over left, step left to left, cross right over left

**SYNCOPATED** 

JAZZ BOX WITH POINT, CROSS SHUFFLES TO RIGHT 1-2 Cross left over right, step back on right &3-4 Step left next to right, cross right over left, point left toe to left 5&6 Cross left over right, step right to right, cross left over right &7&8 Step right to right, cross left over right, step right to right, cross left over right

## ROCKING ROGER RABBITS

&1&2 Scoot back on left, step back on right behind left, scoot back on right, step back on left behind right &3&4 Scoot back on left, step back on right, rock forward on left, rock back on right &5&6 Scoot back on right, step back on left behind right, scoot back on left, step back on right behind left

&7&8 Scoot back on right, step forward on left, rock back on right, rock forward on left

1/2 MONTEREY

TURN RIGHT, **HEEL AND** TOE **SWITCHES** 1-4 Touch right toe to right, on ball of left turn 1/2 right and place right next to left, touch left to left, step left next to right 5&6 Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward &7&8 Step left next to right, touch right toe behind left, place right next to right, touch left heel diagonally forward

1/4

MONTEREY TURN RIGHT, HEEL AND TOE SWITCHES &1-4 Step left next to right, touch right toe to right, on ball of left turn 1/4 right and step right next to left, touch left to left, step left next to right 5&6 Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward &7&8 Step left next to right, touch right toe behind left, step right next to left, touch left heel diagonally forward **RIGHT ROCK,** LEFT CROSS SHUFFLE, LEFT ROCK, **RIGHT CROSS** SHUFFLE &1-2 Step left next to right, rock right to right, recover weight on left 3&4 Cross right over left, step left to left, cross right over left 5-6 Rock left to left, recover

weight on right 7&8 Cross left over right, step right to right, cross left over right 1/2 PIVOT LEFT.

LEFT, FORWARD RIGHT SHUFFLE, FORWARD **ROCK, TRIPLE** 3/4 TURN LEFT 1-2 Step forward on right, pivot 1/2 left 3&4 Step forward on right, place left next to right, step forward on right

5-6 Rock forward on left, recover weight on to right 7&8 3/4 turn left, stepping left right left