

What A Life

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kathy Hunyadi (USA)

Music: Life - Des'ree



**CHA CHA LEFT
BASIC, CHA
CHA
FORWARD,
RIGHT PIVOT
TURN,
SYNCOPATED
1/2**

TURN

1,2,3 Step L to
left side, Rock
back R,
Recover weight
to L

4&5 Step R
forward, Step L
up to R (5th foot
position), Step
R forward

6,7 Pivot on ball
of R & Turn 1/2
right stepping
back on L, Turn
1/2 right

stepping
forward on R

8&1 Step
forward on L,
Turn 1/2 right
stepping R in
place, Step L
forward

**SYNCOPATED
STEP SLIDE,
ROCK
FORWARD, 1/4
LEFT TURN,
CHA CHA SIDE
LEFT 1/4**

TURN

2,3 Step R
forward, Step L
up to R (3rd foot
position)

4&5 Step R
forward, Step L
up to R, Step R
forward (Cha
Cha Terrace)

6,7 Rock
forward on L,
Recover weight
to R & turn 1/4
left
8&1 Step L to
side, Step R
beside L, Turn
1/4 left stepping
L forward

**ROCK
FORWARD,
CHA CHA
LOCK BACK,
ROCK BACK,
CHA CHA
LOCK
FORWARD**

2,3 Rock
forward on R,
Recover weight
to L
4&5 Step back
on R, Cross L
over R, Step
back on R
6,7 Rock back
on L, Recover
weight to R
8&1 Step L
forward, Cross
R behind L,
Step L forward

**ROCK
FORWARD,
CHA CHA
LOCK BACK &
TOUCH, STEP
1/4 TURN
RIGHT, SIDE
TOGETHER**

2,3 Rock R
forward,
Recover weight
to L
4&5 Step back
on R, Cross L
over R, Step
back on R
&6,7 Step back
on L & Touch R
toe next to L
foot, Step R foot
forward into 1/4
turn right
8& Step L to
side, Step R
next to L

**NOTE: On wall
5 (front wall)
there are 8
extra counts.
After count 32
do the
following:*

**CROSSOVER
BREAKS**

1,2,3 Step L to
side toes turned
out, Rock R
forward &
across L,
Recover weight
to L
4&5 Cha cha
side right - R, L,
R (toes turned
out on last
step)
6,7 Rock L
forward &
across R,
Recover weight
to R
8& Step L to
side, Step R
next to L

Continue from
beginning of
dance?
