

Just For Grins (Wheelchair)

COPPER **NOB**
STEPSHEETS

Count: 48

Wall: 4

Level: Improver wheelchair dance

Choreographer: Charlie Bowring (UK)

Music: Billy B. Bad - George Jones



The dance "Just For Grins" was written by Jo Thompson. It was converted for wheelchairs by Charles R. S Bowring & Colin Whitfield

RIGHT KICK-BALL-CHANGE, SLAP RIGHT, CLAP

- 1&2 Tap right thigh with heel right hand, slap right thigh, slap left thigh
3-4 Thump thighs with closed fists, clap

LEFT KICK-BALL-CHANGE, SLAP LEFT, CLAP

- 1&2 Tap left thigh with heel left hand, slap left thigh, slap right thigh
3-4 Thump thighs with closed fists, clap

POINT FORWARD, SIDE, TOGETHER, SIDE (TWICE)

- 9-12 Point right hand forward, side, together, side
13-16 Point right hand forward, side, together, side

ARM PUSHES TO RIGHT, SHOULDER TWISTS

- 17-20 Push arms to right side, together, side, together
21-24 Twist shoulders right, left, right, left

ARM PUSHES TO LEFT, SHOULDER TWISTS

- 25-28 Push arms to left side, together, side, together
29-32 Twist shoulders left, right, left, right

¼ TURN RIGHT, ½ TURN RIGHT

- 33-36 Turn ¼ right (over 4 counts)
37-40 Turn ½ right (over 4 counts)

ROLL FORWARD, ROLL BACKWARDS

- 41-44 Roll forward (over 4 counts)
45-48 Roll backwards (over 4 counts)

REPEAT

For easier ending try

¼ TURN RIGHT, ½ TURN RIGHT

- 33-36 Turn ¼ left (over 4 counts)
37-40 Roll forward (over 4 counts)

ROLL FORWARD, ROLL BACKWARDS

- 41-44 Roll forward (over 4 counts)
45-48 Roll backwards (over 4 counts)