

The J.D. Rock

Count: 56

Wall: 4

Level: Improver

Choreographer: Carl Edwards (UK)

Music: I Want Your Love - Atomic Kitten



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|------|---|
| 1 | Rock right foot diagonally forward (pulling both fists back like thrust) |
| 2 | Recover onto left foot |
| 3 | Rock right foot diagonally back (placing hands forward in "stop" position) |
| 4 | Recover onto left foot |
| 5&6 | Right forward shuffle |
| 7 | Step left foot forward |
| 8 | Pivot ½ turn over right shoulder |
| | |
| 9-16 | Repeat 1-8, this time leading with your left foot |
| | |
| 1-2 | Cross rock right foot over left, recover onto left foot |
| 3&4 | Right side shuffle/chasse (right-left-right) |
| 5-6 | Cross rock left foot over right, recover onto right foot |
| 7&8 | Left side shuffle /chasse (left-right-left) |
| | |
| 1-2 | Rock forward on right foot, recover onto left foot |
| 3&4 | Right shuffle making ½ turn over right shoulder |
| 5-6 | Rock forward on left foot, recover onto right foot |
| 7-8 | Step back on left foot, hook right in front of left and click fingers |
| | |
| 1&2 | Right forward shuffle |
| 3&4 | Left forward shuffle |
| 5-6 | Step right forward, pivot ¼ turn over left shoulder |
| 7-8 | Step right forward, pivot ¼ turn over left shoulder |
| | |
| 1-2 | Cross right over left, step back on left foot |
| &3-4 | Step right to side, cross left over right, point right to side |
| 5-8 | Step right forward and shimmy shoulder forward for 2 counts and back for two counts.
Alternatively you can do a 4-count body roll! |
| | |
| 1-2 | Step right foot forward, pivot ¼ turn over left shoulder |
| 3-4 | Step right foot forward, pivot ½ turn over left shoulder |
| 5&6 | Rock right to right side, recover onto left, cross right over left |
| 7&8 | Rock left to left side, recover onto right, cross left over right |

REPEAT
