Count: 0
Wall: 1
Level: Intermediate/Advanced
Choreographer: Masters In Line (UK)
Music: These Words - Natasha Bedingfield

## Sequence: ABCA CC BB CC A

## PART A

CROSS, SIDE, BEHIND \& HEEL, \& CROSS $1 / 2$ TURN, PUSH LEFT, RIGHT
1-2 Step right across (in front of) left, step left to left side
3\&4 Step right behind left, step left to left side, tap right heel forward (to right diagonal)
\&5-6 Step on ball of right foot slightly to right side, step left across (in front of) right, make $1 / 2$ turn left and step right to side (traveling toward 3:00)
7-8 Step left to left side pushing hip to left, step right to right side (in place) pushing hip to right
HITCH, SIDE, BEHIND \& CROSS, SIDE ROCK \& CROSS, $3 / 4$ TRIPLE
1-2 Transfer weight to left foot and hitch right leg up, step right to right side
$3 \& 4$ Step left behind right, step right to right side, step left across (in front of) right
5\&6 Rock right to right side, replace weight to left, step right across (in front of) left
$7 \& 8 \quad$ Make $1 / 4$ turn right and step left back, make $1 / 2$ turn right and step right forward, step left forward

## ROCK RECOVER, COASTER STEP, SIDE ROCK \& CROSS, FULL MONTEREY TURN

1-2 Rock right forward, recover weight to left
3\&4 Step right back, step left next to right, step right forward
5\&6 Rock left to left side, replace weight to right, step left across (in front of) right
7-8-1 Point right to right side, make full turn right and step right next to left, point left to left side
CROSS, SIDE BEHIND $1 \not 14$, STEP, TOUCH, $1 ⁄ 2$ TURN, SHUFFLE FORWARD
2
3\&4
5\&6
7\&8
PART B
BRUSH, CROSS, BACK, SIDE SHUFFLE, BRUSH, CROSS, BACK, 1 ¼ TRIPLE
\&1-2 Brush right forward hitching knee, step right across (in front of) left, step left back
$3 \& 4$
\&5-6
$7 \& 8 \quad$ Make $1 / 4$ turn left and step left forward, make $1 / 2$ turn left and step right back, make $1 / 2$ turn left and step left forward

BRUSH, STEP $1 ⁄ 2$ TURN, FORWARD SHUFFLE, BRUSH, STEP $1 ⁄ 2$ TURN, FORWARD SHUFFLE left
$3 \& 4 \quad$ Make $1 / 2$ turn left and step left forward, close right next to left, step left forward
\&5 Roll right knee from left to right and step on right, roll left knee from right to left and step on left
$6 \quad$ Step right forward
Make $1 / 4$ turn left and rock left to left side, recover weight to right, step left across (in front of) right

PART C
SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, $1 ⁄ 2,1 / 2,1 / 2$
1-2 Rock right to right side, recover weight to left
$3 \& 4 \quad$ Step right across (in front of) left, close left next to but slightly behind right, step right across (in front of) left
5-6 Rock left to left side, recover weight to right
7-8-1 Make $1 / 2$ turn left and step left to left side, make $1 / 2$ turn left and step right to right side, make $1 / 2$ turn left and step left to left side

## CROSS ROCK RECOVER, STEP $1 / 4,3 / 4$ BALL-STEP TURN

2-3-4 Rock right across (in front of) left, recover weight to left, make $1 / 4$ turn right and step right forward
Making a $3 / 4$ turn right over the next four counts
\&5 Step ball of left foot next to but slightly behind left, step right
\&6
\&7
\&8 Step ball of left foot next to but slightly behind left, step right Step ball of left foot next to but slightly behind left, step right Step ball of left foot next to but slightly behind left, step right

## SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, $1 ⁄ 2,1 ⁄ 2,1 / 2$

1-2 Rock left to left side, recover weight to right
$3 \& 4 \quad$ Step left across (in front of) right, close right next to but slightly behind left, step left across (in front of) right
5-6 Rock right to right side, recover weight to left
7-8-1 Make $1 / 2$ turn right and step right to right side, make $1 / 2$ turn right and step left to left side, make $1 / 2$ turn right and step right to right side

## CROSS ROCK RECOVER, STEP $1 / 4,3 / 4$ BALL-STEP TURN

2-3-4 Rock left across (in front of) right, recover weight to right, make $1 / 4$ turn left and step left forward
Making a $3 / 4$ turn left over the next four counts
\&5 Step ball of right foot next to but slightly behind left, step left Step ball of right foot next to but slightly behind left, step left Step ball of right foot next to but slightly behind left, step left Step ball of right foot next to but slightly behind left, step left

