It's All Life



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Lady Lace (UK)

Music: I'll Wait For Life - Take That



2 SHUFFLES, STEP ½ TURN, TRIPLE FULL TURN, ¼ TURN LEFT

Step right forward, lock step left behind right, step right forward
Step left forward, lock step right behind left, step left forward
Step right forward, pivot ½ turn left shifting weight to left foot

7&8 Full turn forward, stepping right, left, right

& Step left to side making ¼ turn left

CROSS ROCK & CROSS ROCK & CROSS ROCK, RECOVER, 3 ½ TURNS RIGHT, ROCK RECOVER

1-2& Cross rock right over left, recover, step right beside left3-4& Cross rock left over right, recover, step left beside right

5-6 Cross rock right over left, recover

Traveling forward

&7& Make ½ turn right and step right forward, turn ½ turn right and step left back, turn ½ turn right

and step right forward

Easier option: step right beside left, step left back, step right beside left, rock left to side ¼ turn left, recover

8& Step rock left forward, recover onto right foot

1/4 TURN MAMBO FORWARD, MAMBO BACK, STEP LOCK BACK, STEP LOCK BACK, & TOGETHER

1&2 Turn ¼ turn right and rock left forward, recover, step left beside right

Rock right back, recover, step right beside left

Step left back, lock step right over left, step left backStep right back, lock step left over right, step right back

& Step left beside Restart here during walls 3 and 6

WEAVE LEFT, POINT, FORWARD POINT, TOE ACROSS UNWIND 3/4 TURN, FORWARD

1-2 Sweep right over left, step left to side
3-4 Step right behind, point left to side
5-6 Step left forward, point right to side

7-8 Touch right toe across left, unwind ¾ left, step left forward

REPEAT

RESTART

Restart after 24 counts during wall 3 and 6

TAG

End of wall 7

1-2 Step right forward, ½ turn left shifting weight to left foot3-4 Step right forward, ½ turn left shifting weight to left foot