

# J. & J. W (P)

**COPPER** KNOB  
STEPSHEETS

Count: 40

Wall: 0

Level: Partner

Choreographer: Jeff Mills (UK) & Thelma Mills (UK)

Music: Gain Control Again - No Regrets



Position: Right Side By Side Position, Man's footwork listed. Lady's same throughout unless stated  
Dedicated to Jan & John Walker on their Special Day 20th September 2003

**BOTH: CROSS ROCK, CHASSE, CROSS ROCK / MAN: ¼ TRIPLE TURN RIGHT, LADY: ¾ TRIPLE TURN RIGHT**

- 1-2 Cross rock left over right, recover onto right
- 3&4 Left chasse, left, right, left
- 5-6 Cross rock right over left, recover onto left
- 7&8 **MAN:** ¼ Triple turn right to face OLOD  
**LADY:** ¾ Triple turn right to face ILOD

During triple turn, counts 7 & 8 raise arms over lady's head and change hands, left to left - right to right, man facing lady, right shoulder to right shoulder in double open hand position with arms stretched out at shoulder height

**ROTATE ¼ TURN RIGHT, TRIPLE STEP, ROTATE ¼ TURN RIGHT, ¼ TRIPLE TURN RIGHT**

- 9-10 Rotate ¼ turn right walking left, right
- 11&12 Triple step in place left, right, left
- 13-14 Rotate ¼ turn right walking right, left
- 15&16 ¼ triple turn right in place, right, left, right

During triple turn, counts 15&16 change hands into double cross hand position with left arm on top, man is facing LOD, lady facing man

**BOTH: ROCK STEP / MAN: TRIPLE STEP, LADY: ½ TRIPLE TURN LEFT INTO SHADOW / BOTH: WALK TWICE, SHUFFLE**

- 17-18 Step and rock back on left, recover onto right
- 19&20 **MAN:** Triple step in place left, right, left  
**LADY:** ½ Triple turn left (left, right, left) to face LOD
- 21-22 Walk forward right, left
- 23&24 Right shuffle forward right, left, right

During counts 19&20 raise left arm over lady's head into shadow position

**MAN: ROCK STEP, LADY: ½ TURN, BOTH: TRIPLE STEP, ROCK STEP / MAN: TRIPLE STEP, LADY: TRIPLE TURN**

- 25-26 **MAN:** Step and rock forward onto left, recover onto right  
**LADY:** Step forward left, pivot ½ turn right to face man RLOD
- 27&28 Triple step in place, left, right, left
- 29-30 Step and rock back onto right, recover onto left
- 31&32 **MAN:** Triple step in place right, left, right  
**LADY:** ½ Triple turn left right, left, right

On count 26 raise left arms over lady's head into double cross hand position. During counts 31 & 32 raise left arms over lady's head and go into right side by side position

**WALK FORWARD TWICE, ½ TRIPLE TURN RIGHT, WALK BACKWARD TWICE / ½ TRIPLE TURN RIGHT**

- 33-34 Walk forward left, right
- 35&36 ½ triple turn right to face RLOD, left, right, left
- 37-38 Walk backward right, left
- 39&40 ½ triple turn right to face LOD, right, left, right

On completion of triple turn, counts 35&36 left arms/hands to be at waist height behind back, right

arms/hands to be at waist height in front, during counts 39&40 release left hands raise right hands and finish in side by side position

REPEAT

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