J D Shuffle



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Jean Jones (UK)

Music: My Friend Jack (Daniels) - Rosa



ROCK BACK, FORWARD, ¼ SHUFFLE, ROCK FORWARD, BACK, ½ SHUFFLE

1-2 Rock back on left, forward on right

3&4 Step left ¼ turn left, together right, forward left

5-6 Rock forward right, back left

7&8 Step right ½ turn right, together left, forward right

On first wall only steps 7&8 are as follows

7-8 Step right ½ turn right (while looking over right shoulder), clap

STEP, PIVOT 1/4, CROSS SHUFFLE, ROCK OUT, IN, ROCK & CROSS

9-10 Step forward left, pivot ¼ turn right

11&12 Cross left over right, right to right side, cross left over right

13-14 Rock right out to right side, in on left

15&16 Rock right out to right side, in on left, cross right over left

ROCK OUT, IN, SAILOR STEP, ROCK FORWARD, BACK, 3/4 SHUFFLE

17-18 Rock left out to left side, in on right

19&20 Cross left behind right, side right, together left

21-22 Rock forward right, back left 23&24 % turn right on right, left, right

ROCK FORWARD, BACK, COASTER STEP, STEP, PIVOT ½, ½ SHUFFLE

25-26 Rock forward left, back right

27&28 Step left, together right, forward left 29-30 Step forward right, pivot ½ turn left 31&32 ½ turn left on right, left, right

REPEAT