## **Jackson Twist**



Count: 42 Wall: 2 Level:

Choreographer: Pam Kaiser

Music: She's Got The Rhythm - Alan Jackson



## HEELS, WIGGLE DOWN, WIGGLE UP

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1-4	Feet together, twist heels to right and return to center, twist heels to right and return to center
5-8	Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
9-12	Step forward on the right, left, right, and kick left
13-16	Step back on the left, right, left, and touch the right toe behind left heel (wing)
17-18	Step together, touch left toe behind right heel (wing)
VINES	
19-22	Vine left: step left with left foot, slide right behind left, step left, scuff with right
23-26	Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot
DIGS	
27-28	Do a left heel dig and in one movement turn $\frac{1}{4}$ to the right and do a left toe touch slightly behind right heel
29-30	Heel dig, turn ¼ turn, and toe touch again
31-34	Do 2 left heel digs to the front and 2 left toe touches to the back
35-38	Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward
39-42	Step back on the left, right, left and return right home beside the left

## **REPEAT**