

# Ice Cool Country

**COPPER KNOB**  
STEPSHEETS

Count: 44

Wall: 0

Level:

Choreographer: Ron Hitchen (UK) & Barbara Hitchen (UK)

Music: The More Things Change - Mary Chapin Carpenter



**Position: Start in side by side position**

## HEEL STRUTS

- 1-4 Right heel forward; toes slap down, left heel forward; toes slap down  
5-8 Repeat steps 1-4

## BACKWARD TOE STRUTS

- 9-12 Right toes back, heel slap down, left toes back, heels slap down  
13-16 Repeat steps 9-12

## CROSS, UNWIND, KICK-BALL-CHANGES

- 17-20 Right step across front of left; drop hands pivot  $\frac{1}{2}$  turn left on balls of both feet taking 2 beats. Lower heels to floor shifting weight to left. Rejoin hands in front, left hands above right hands)  
21&22 Right kick forward; step on ball of right; change weight to left in place  
23&24 Repeat steps 21&22

## CROSS, UNWIND, STEP, SLIDE, STEP, SCUFF

- 25-28 Right step across front of left, pivot  $\frac{1}{2}$  turn left on balls of both feet taking 2 beats (keep hold of both hands lifting left arms over lady's head back into side by side), lower heels to floor shifting weight to left  
29-32 Step right forward, left slide up behind right, step right forward, left scuff forward

## STEP, SLIDE, STEPS & SCUFFS

- 33-36 Left step forward; right slide up behind left; left step forward, right scuff forward  
37-40 Right step forward; left slide up behind right; right step forward; left scuff forward

## LEFT VINE WITH TURNS & SCUFF

- 41-44 Left step forward making  $\frac{1}{4}$  turn to right; right step behind left, left step to left side making  $\frac{1}{4}$  turn to left; right scuff forward

**REPEAT**

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