If You're Not The One

Count: 32   **Wall:** 2   **Level:** Intermediate

Choreographer: Paulette Hylands (UK)

Music: If You're Not the One - Daniel Bedingfield

LEFT CHASSE WITH ¼ TURN, STEP SLIDE, BACK ROCK, TURNING WEAVE, TOUCH

1&2	Step left to left side, close right to left, step left ¼ turn left
3-4&	Step right to right side sliding left towards right, cross rock back on left, recover
5&6&	Step left foot ½ turn right, step right ½ turn right, step left to left side, cross right behind left
7-8	Step left to left side, step right beside left (weight now on left)

STEP BACK, TOUCH FORWARD, RIGHT FORWARD SHUFFLE, RONDE ½ RIGHT, LEFT FORWARD SHUFFLE, TOUCH

9-10	Step back on left, touch right toes forward
11&12	Step forward on right, close left to right, step forward on right
13-14&	While pivoting ½ turn right on ball of right, sweep left foot round (weight stays on right) step left forward, close right to left
15-16	Step left forward, touch right beside left (weight stays on left)

SIDE ROCK, RECOVER, TOUCH, STEP TO RIGHT, BACK CROSS ROCK, STEP ¼ LEFT, RONDE ¾ LEFT, BACK LEFT CROSS, STEP TO RIGHT, RIGHT CROSS STEP

1&2	Rock right to right side, recover weight on left, touch right beside left (weight stays on left)
3-4&	Step right to right side sliding left towards right, cross rock back on left, recover
5-6	Step left ¼ turn to left, while pivoting ¾ turn left on ball of left, sweep right foot round and step in place
7&8	Step left foot behind right, step right to right side, cross left over right

STEP SLIDE, BACK ROCK, STEP ¼ LEFT, STEP TOGETHER, LEFT COASTER STEP LEFT ½ RONDE, TOUCH

1-2&	Step right to right side sliding left towards right, cross rock back on left, recover
3-4	Step left foot ¼ turn left, step right beside left (weight now on right)
5&6	Step left foot back, step right beside left, step right foot forward
7&8	While pivoting ½ turn left on ball of left foot, sweep right foot round and place weight down, touch left beside right

REPEAT