

Level: Intermediate

Choreographer: Dawn Dennell (UK)

Music: Life Is Good - Emilio

# STEP PIVOT STEP PIVOT

**Count:** 64

- 1-2 Step forward on right foot and 1/2 pivot turn to the left
- 3-4 Step right foot next to left foot and hold for one count
- 5-6 Step forward on left foot and <sup>1</sup>/<sub>2</sub> pivot turn to the right
- 7-8 Step left foot next to right foot and hold for one count

### **GRAPEVINE RIGHT WITH FULL TURN**

- 9-10 Step right foot to the right, cross left foot behind right foot
- 11-12 Step right foot to the right and touch left foot next to right
- 13-16 Turn a full turn to the right on the right foot touching left foot down four times

### **GRAPEVINE LEFT WITH FULL TURN**

17-24 Repeat the above 8 counts to the left

# JUMP, CROSS, TURN, CLAP HEEL TOGETHER, TOE TOGETHER

- 25 Take a small jump landing with feet shoulder width apart
- 26 Jump feet back to place landing with right foot crossed in front of left
- 27 Unwind a 1/2 turn to the left
- 28 Clap
- 29-30 Tap right heel forward then bring back to place
- 31-32 Touch left toe back then return to place

# **RIGHT AND LEFT SWEEP**

- 33 Point right toe forward
- 34-35 Sweep right foot in a semi circle to right for two counts
- 36 Bring right foot behind left foot and lock
- 37-40 Repeat the above 4 counts with the left foot

# SHUFFLES FORWARD AND BACK WITH ROCK STEPS

- 41-42 Shuffle forward right, left, right
- 43-44 Step and rock forward on to the left foot then return the weight to the right foot
- 45-46 Shuffle backwards left, right, left
- 47-48 Step back and rock on to the right foot then return the weight to the left foot

#### HEEL SLAPS WITH HIP BUMPS

- 49 Point right foot to right side
- 50 Bring right foot up behind left foot and slap boot with left hand
- 51 Step down on right foot and bump hips to right at same time
- 52 Bump hips to right again
- 53 Point left foot to left side
- 54 Bring left foot up behind right foot and slap boot with right hand
- 55 Step down on left foot and bump hips to left at same time
- 56 Bump hips to left again

#### STEP, HOLD, CROSS, HOLD, VINE RIGHT WITH 1/4 TURN RIGHT

57-58 Step right foot to the right and hold for one count





Wall: 4

- 59-60 Cross left foot in front of right foot and hold for one count
- 61 Step right foot to the right
- 62 Cross left foot behind right foot
- 63 Step right foot turning <sup>1</sup>/<sub>4</sub> turn to the right
- 64 Step left foot next to right foot

#### REPEAT