

I Heard It

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Craig Bennett (UK) & Shelley Lindsay (UK)

Music: I Heard It Through the Grapevine - Marvin Gaye



BEHIND, SIDE, CROSS, LEFT SIDE SHUFFLE, ¼ RIGHT SAILOR, HOLD, AND STEP

- 1&2 Step right behind left, step left to side, step right over left
- 3&4 Step left to side, step right next to left, step left to side
- 5&6 Step right behind left, ¼ to right stepping left to side, step right forward
- 7&8 Hold, step left in place, step forward on right

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, ROCK AND CROSS TWICE

- 9&10 Step forward on left, step right to left instep, step forward on left
- 11&12 Step forward on right, step left to right instep, step forward on right
- 13&14 Rock out to left on left foot, replace weight on right, step left across right
- 15&16 Rock out to right on right foot, replace weight on left, step right across left

STEP BACK, SLIDE, OUT OUT, CLICK, BUMP HIPS

- 17-18 Step back on left, slide right next to left
- &19-20 Small step out to right on right, small step out to left on left, click fingers
- 21-22 Bump hips right, left
- 23-24 Bump hips right, left

SIDE ROCK, RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, BEHIND SIDE ¼ TURN

- 25-26 Rock to right on right, replace weight on left
- 27&28 Step right behind left, step left to side, step right over left
- 29-30 Rock to left on left, replace weight on right
- 31&32 Step left behind right, ¼ right stepping right forward, step forward on left

SIDE, LOCK, RIGHT SHUFFLE FORWARD, ¼ PIVOT, BEHIND SIDE CROSS

- 33-34 Step right to side, step left behind right (locking it behind right)
- 35&36 Step forward on right, step left to right instep, step forward on right
- 37-38 Step forward on left, pivot ¼ to right transferring weight to right
- 39&40 Step left behind right, step right to side, step left over right

SIDE, LOCK, RIGHT SHUFFLE FORWARD, ½ PIVOT, CROSS SIDE STEP

- 41-42 Step right to side, step left behind right (locking it behind right)
- 43&44 Step forward on right, step left to right instep, step forward on right
- 45-46 Step forward on left, pivot ½ turn right transferring weight to right
- 47&48 Step left over right, step right to side, step left to side

REPEAT
