

Count: 64 Wall: 2 Level: Intermediate

Choreographer: Helen D'Aguiar (UK)

Music: (I Wish I Knew How It Would Feel to Be) Free / One - Lighthouse Family



STEP SIDE TOUCH TWICE, RIGHT SHUFFLE, STEP PIVOT HALF TURN RIGHT

1-2	Step right foot to side, slide left to right and tap, clicking fingers
3-4	Step left foot to side, slide right to left and tap, clicking fingers

5&6 Right shuffle forward

7-8 Step left foot forward, pivot half turn right (weight now on right)

STEP POINT, STEP TAP, LEFT SHUFFLE BACK, STEP BACK, CROSS TOUCH

9-10 Step left foot forward, point right toe to right

11-12 Step right foot forward, tap left toe behind right heel

13&14 Left shuffle back

15-16 Step back on right and tap left toe across right, clicking fingers(left knee should be bent at

this point)

LEFT ROCK & CROSS, RIGHT ROCK & 1/4 TURN LEFT, STEP TAP TWICE

17&18	Rock out onto left, recover onto right and cross left over right
19&20	Rock out onto right, recover onto left turning ¼ left, step right foot forward
21-22	Step forward on left, tap right next to left, clicking fingers
23-24	Step back on right, tap left next to right, clicking fingers

LEFT SHUFFLE, ROCK STEP, FULL TURN RIGHT, SHUFFLE ½ TURN RIGHT

25&26	Left shuffle forward
27-28	Rock forward on right, recover on left
29-30	Make full turn over right shoulder stepping right, left
31&32	Make ½ turn shuffling over right shoulder (right, left, right)

SIDE BEHIND & CROSS, HOLD, ROCK STEP, CROSS SHUFFLE

33-34	Step left foot to side, cross right behind left
&35-36	Take small step to left, cross right over left and hold for one count, clicking fingers
37-38	Rock left foot out to side, recover onto right
39&40	Cross shuffle left over right

SIDE BEHIND & CROSS, HOLD, ROCK STEP, CROSS SHUFFLE

41-48 Repeat section 5 (33-40) leading right

STEP BACK LEFT, RIGHT, CROSS, STEP BACK RIGHT, LEFT CROSS, BACK ROCK, LEFT SHUFFLE FORWARD

49&50	Step back on left, step back on right (slightly behind left) and cross left over right
51&52	Step back on right, step back on left (slightly behind right) and cross right over left
E2 E4	Dook book on left recover onto right

53-54 Rock back on left, recover onto right

55&56 Left shuffle forward

STEP, RONDE ½ TURN RIGHT, LEFT SHUFFLE FORWARD, JAZZ BOX ¼ TURN RIGHT

57-58	Step forward on right, sweep left foot from behind making a half turn right
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59&60 Left shuffle forward

61-64 Jazz box ¼ turn right (taking weight on left to finish)

REPEAT

