How Dirrty Can You Be

Count: 32

Level: Advanced hip hop

Choreographer: Joachim Armbruster (DE) & Roy Hadisubroto (IRE)

Music: Dirrty - Christina Aguilera

1&2 Punch right arm down across body to left, place left hand on top on of right elbow, pull right arm up to right/left arm down to left while quickly sliding feet together 3&4& Touch right toe forward, step right next to left, touch left forward, step down left 5-6 Body roll from top to bottom over 2 counts while stepping forward right, then sliding left next to right 7-8 Repeat 5-6. On count 8 make 1/4 turn left - weight to both feet STICK-IT-OUT, WALK/PELVIC THRUSTS, STEP, STEP, TOUCH-N-SLIDE Stick butt out to rear, roll arms over each other while pushing groin forward and stepping 9-10-11-12 forward left, right, left 13-14 Step right out/forward, step left out/forward Touch right to right side, touch right next to left, lunge right to right side while sliding left next 15&16 to right - weight to both feet HEEL-SWITCH TURN, HEAD/BODY TURN, WALK, BODY ROLL TURN Shift heels to right, left, right while turning body (not head) 1/8 to left 17&18 19-20 Turn head 1/4 to left, turn body 1/8 left to match head You should be facing 6:00 from original wall &21-22 Step back left, step forward right, left 23-24 Step forward right placing hands on chest elbows out to sides, make 1/2 turn on right foot while lowering body

For counts 23-24 you also do a body roll from top to bottom

STEP, STEP, STEP, SLIDE, "MOONWALK TURN", HEAD

- 25-26-27 Step forward left, right, left
- 28 Lower body onto right foot while sliding right hand down onto right hip and turning head ¼ right
- 29-30-31 Slide left forward with heel raised, lower left heel while sliding right forward with heel raised then lower and make ¼ turn left, step/slide left to left side raising/lowering heel as before

For counts 29-31, keep head facing to right side

32 Snap turn head forward

REPEAT



Wall:

ARM PULL, TOUCH-N-STEP, TWO BODY ROLLS WITH A TURN

Wall: 4