Hula Hula Hoop

Count: 32

Level: Improver

Choreographer: Jorma Leitzinger Jr. (FIN)

Music: Rock-A-Hula Baby - Elvis Presley

SIDE HULA HOOPS

1-4 Step right to side, step left together, step right to side, touch left together 5-8 Step left to side, step right together, step left to side, step right together

Do hula motion with your hands during counts 1-8

HULA SWAYS

- 9-12 Sway hips: right, right, left, right
- 13-16 Sway hips: left, right, left, left

HULA HOOP FORWARD

- 17-18 Step right diagonally forward pushing hips forward, push hips forward
- 19-20 Step left diagonally forward pushing hips forward, push hips forward
- 21-24 Repeat steps 17-20

Pull your hands as pulling the rope during hip pushes

HULA HOOP PIVOT, HULA HOOP COASTER STEP

- 25-26 Step right forward, pivot 1/4 left
- 27&28 Step right back, step left together, step right forward

HULA HOOP SHIMMIES

- Step left to side, shimmy while stepping right together 29-30
- 31-32 Step left to side, shimmy while touching right together

REPEAT

TAG

On wall 4, only dance counts 1-26, then:

- 1-4 Sway hips right, right, left, left
- 5-8 Sway hips right, left, right, left
- 9-12 Sway hips right, right, left, left
- 13-15 Sway hips right, right, right





Wall: 4