# **Hurricane Fresh**



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Jo Kinser (UK), John Kinser (UK) & Maurice Rowe (USA)

Music: Hurricane Fresh - MC Lars

hands out to sides



#### **ROCK AND STEP X4**

1&2	Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides
3&4	Press left forward in front of right & clap hands, recover weight right, step left next to right & hands out to sides
5&6	Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides
7&8	Press left forward in front of right & clap hands, recover weight right, step left next to right &

JUMPING JACKS (OUT-IN-KICK-CROSS TWICE), TOUCH AND TOUCH AND TAP, TAP, LUNGE		
1&	Jump out, feet shoulder width apart, jump in (weight on the right foot)	
2&	Kick the left foot forward, cross the left foot over the right	
3&	Jump out, feet shoulder width apart, jump in (weight on the right foot)	
4&	Kick the left foot forward, cross the left foot over the right	
5&	Touch right forward, step right next to left	
6&	Touch left forward, step left next to right	
7&8	Make ¼ turn right (leave left foot in place) tap right toe slightly to right twice (end in a lunge position weight right)	

#### LOW IMPACT VERSION 1&, 2&, 3&, 4&

&1	Transfer weight to right, point left out to left side bending right knee facing right diagonal
2	Point left forward straightening right leg facing front
3	Point left out to left side bending right knee facing right diagonal
4&	Point left over right straightening right leg, step left next to right

#### SAILOR 1/4 LEFT, RIGHT HITCH AND POINT, 1/2 LEFT, LEFT COASTER STEP

ward left

#### RIGHT ROCK REPLACE BACK, DRAG AND TURN, SWITCHES LEFT & RIGHT & LEFT & RIGHT

1&2	Rock right forward, recover weight left, big step back with right
3&4	Drag left foot to right, step left next to right, make ¼ turn right crossing right over left (9:00)
5&6&	Touch left to left, step left next to right, touch right to right, step right next to left
7&8	Touch left to left, step left next to right, touch right to right

#### **REPEAT**

### **TAG**

#### Facing 3:00

#### CROSS BACK AND CROSS BACK, SIDE

1-2&3	Step right across left, step left back, step right together, step left across right
4&5	Step right back, step left together, step right across left
6&7-8	Step left back, step right together, step left across right, step right to right

## BUMP HIPS, 3 POINT TURN "ROLLING VINE" CROSS, SIDE, DRAG

1-2-3	Bump hips left, bump hips right, make 1/4 turn left stepping forward left
4-5	Make ½ turn left stepping back right, make ¼ turn left stepping left to left
6-7-8	Step right across left, big step left with left, drag right to left