

# Hurt Train

**Count:** 32

**Wall:** 4

**Level:** Improver west coast swing

**Choreographer:** Ingemar Kardeskog (SWE)

**Music:** Hurt Train - Brooks & Dunn



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## WALK, WALK, ANCHOR STEP, ANCHOR STEP, SAILOR ¼ TURN RIGHT

- 1-2 Walk right forward, walk left forward
- 3&4 Step right behind left, step left in place, step right back
- 5&6 Step left behind right, step right in place, step left back
- 7&8 Sweep right behind left turning ¼ right, step left in place, step right slightly forward

**Tag 2 will appear here on 6th wall, then continue from count 9**

## ROCK, RECOVER, TRIPLE ¾ TURN LEFT, SIDE, RECOVER, BEHIND & SIDE, CROSS

- 1-2 Rock left forward, recover to right
- 3&4 Triple step ¾ turn left - stepping left, right, left
- 5-6 Rock right to right side, recover to left
- 7&8 Step right behind left, step left to left side, cross right over left

## STEP, TOUCH BACK, UNWIND ½ RIGHT, TURN ½ RIGHT, & CROSS, RECOVER, & CROSS, RECOVER

- 1-2 Step left forward, touch right behind left
- 3-4 Turn ½ right taking weight on right, turn ½ right stepping left back
- &5-6 Step right beside left, cross left over right, recover to right
- &7-8 Step left to left side, cross right over left, recover to left

## & SIDE, STEP ½ TURN RIGHT, CHASSE ¼ TURN RIGHT, BACK, ROCK, KICK BALL STEP

- &1-2 Step right to right side, step left forward, turn ½ right stepping right forward
- 3&4 Turn ¼ left stepping left to left side, step right beside left, step left to left side
- 5-6 Rock right behind left, recover to left
- 7&8 Kick right forward, step ball of right beside left, step left forward

## REPEAT

### TAG 1

**After 2nd wall, make 2 step ½ turns and start from the beginning**

- 1-2 Step right forward, turn ½ left stepping left forward
- 3-4 Step right forward, turn ½ left stepping left forward

### TAG 2

**On 6th wall, dance section 1, make back rock and continue from section 2**

- 1-2 Step left behind right, recover to right
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