

I Feel A Heartache

Count: 32

Wall: 4

Level: Improver

Choreographer: Jan Brookfield (UK)

Music: I Feel a Heartache - Danni Leigh



SIDE ROCK, CHASSE RIGHT, ROCK BACK, HEEL-BALL-CROSS

- 1-2 Step right to side, rock onto left to side
- 3&4 Shuffle to right on right, left, right
- 5-6 Rock back onto left slightly behind right, rock forward onto right (body now angled slightly to left)
- 7&8 Tap left heel forward, step on left in place, step right across in front of left

SIDE ROCK WITH QUARTER TURN RIGHT, FORWARD SHUFFLE JAZZ BOX

- 9-10 Step left to side, rock onto right making quarter turn to right
- 11&12 Shuffle forward on left, right, left
- 13-14 Step right across in front of left, step back on left
- 15-16 Step right to side, step left next to right

CHASSE RIGHT, ROCK OVER, CHASSE LEFT, ROCK BACK

- 17&18 Shuffle sideways to right on right, left, right
- 19-20 Step left across in front of right, rock back onto right
- 21&22 Shuffle sideways to left on left, right, left
- 23-24 Step back on right behind left, rock forward onto left

MODIFIED MONTEREY TURN, CHASSE LEFT, ROCK BACK, KICK-BALL-CHANGE

- 25-26 Point right toe to side, making half turn to right step on right in place
- 27&28 Shuffle sideways to left on left, right, left
- 29-30 Step back on right behind left, rock forward onto left
- 31&32 Kick right forward, step back slightly on ball of right, step on left in place

REPEAT
