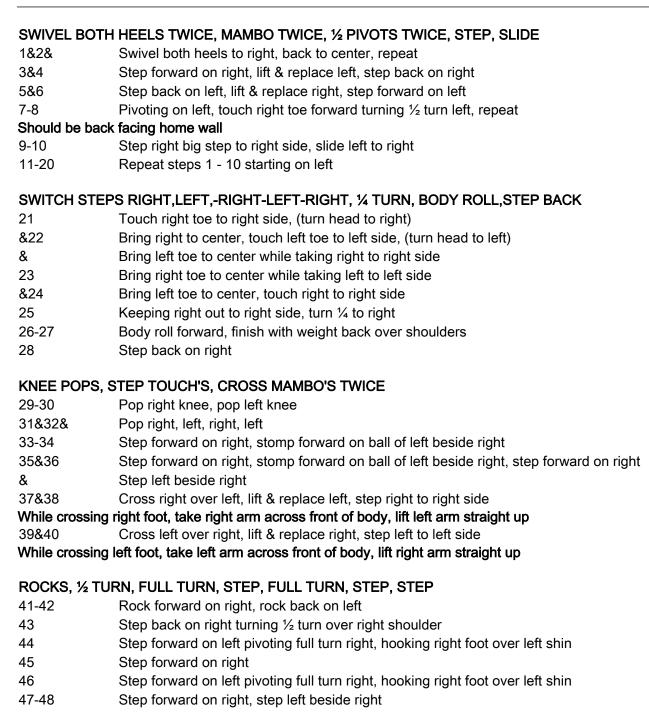
High Impact

Count: 60

Level: Intermediate

Choreographer: Sheila Vee (UK)

Music: Livin' la Vida Loca - Ricky Martin



MAMBO FORWARD / BACK, TOE HEEL TOUCH'S, FLICK ¼ TURN

- 49&50 Rock forward on right, lift & replace left, step back on right
- 51&52 Rock back on left, lift & replace right, step forward on left
- 53 Touch right toe beside left, (angle right knee in towards left)
- 54 Turn right toe out to right side touching right heel beside left
- 55& Touch right toe beside left (angle right knee in towards left), touch right heel beside left
- 56 Brush right toe back flicking out to right side while turning ¼ to left





Wall: 2

CROSS, STEP, CROSS, SWEEP, CROSS, STEP, CROSS, TOGETHER

- 57&58 Cross right over left bringing left foot behind right, (keep right crossed over left) step to left side again on right
- & Sweep left out from behind right
- 59&60 Repeat 57 & 58 on left
- & Bring both feet together ready to start dance again

REPEAT