Count: 32
Wall: 4
Level: Intermediate/Advanced
Choreographer: David J. McDonagh (WLS) \& Sian L. Edwards
Music: Lost In Space (Theme) - Apollo Four Forty

LACED HANDS-TURNING, MORE HAND WORK TURNING

## Start with feet apart, fingers laced in front of chest palms facing down, elbows lifted

\&1 Keeping fingers laced, raise right elbow up, cause down rippling through the wrists following through to the left elbow, while doing the handwork step back left (\&), step forward right (1)
2
Keeping fingers laced, hold and turn $1 / 4$ left
\&3 Keeping fingers laced, raise right elbow up cause down rippling through the wrists following through to the left elbow
\& 4 Repeat counts \& 3
5 Raise right arm so elbow-shoulder is parallel to floor, also right palm facing forward and vertical, left fingers touching forearm just above crook of right elbow
$6 \quad$ Bring right hand down \& under left arm, back of right hand touches left wrist, left hand moves up \& down ending back of left hand facing floor keeping back of right hand on left wrist
$7 \quad$ Slide left hand towards you while moving right arm to right side ending with left hand grasping right elbow and turning $1 / 4$ turn right

## End facing original wall at 12:00

$8 \quad$ Hold for (1) count still with left hand grasping right elbow

## \& KICK BALL POINT, KICK BALL POINT, UNWIND ½, UNWIND FULL

\& Dropping arms step right beside left
9\&10 Kick left forward, step left beside right, point right toe to right side
11\&12 Kick right forward, step right beside left, point left toe to left side
13 Keeping left toe pointing, unwind $1 / 2$ turn left on (1) count
End with legs crossed
14-16 Keeping legs crossed unwind (1) full turn right
End with feet side by side

## ARM MOVEMENTS (SIMILAR TO SNAKE ROLLS) HIP ROLLS

17\&18 Move right arm to right side as you start a rippling effect across your arm, pushing hips to left side, turning head slightly to right side
19\&20 Dropping right arm move left arm to left side as you start a rippling effect across your arm, pushing hips to right side, turning head slightly to left side
21-24 Dropping arms roll hips twice to the left over (4) counts

## APPLEJACKS TRAVELING RIGHT WITH HAND POINTS, ROLLING VINE LEFT

25 Weight on left toe \& right heel, swivel left heel \& right toe right

## As your doing counts 25-28, do the following hand movements:

25 Point right arm upwards to right diagonal like this '/'
\& Right fingers touches center of chest
26 Right fingers touches left shoulder
\&
27
Right fingers touches right shoulder
Point right arm upwards to right diagonal like this '/'

Right fingers touches center of chest

## REPEAT

