

# Hippy Shak

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Valerie Cortes (GIB)

Music: Hips Don't Lie - Shakira



## STEP ROCK STEP, STEP ROCK STEP, SHUFFLE FORWARD, SHUFFLE BACK

- 1&2 Step right foot forward, rock left foot to left side, recover on right foot  
3&4 Step left foot forward, rock right to right side, recover on left foot  
5&6 Step right foot forward, close left behind right, step right foot forward  
7&8 Step left foot back, close right in front of left, step left foot back

## ¼ AND ½ TURN HITCH SHUFFLES ½ TURN HITCH TURNS ½ TURN SHUFFLE

- 1&2 Hitch right knee making ¼ right and step onto right foot, close left behind right, step right foot forward  
3&4 Hitch left knee making ½ turn left and step onto left foot, close right behind right, step left foot forward  
5-6 Hitch right knee making ½ turn right step right foot down, hitch left knee making ½ turn left, step left foot down  
7&8 Hitch right knee making ½ turn right and step right foot forward, close left behind right, step right foot forward

## CROSS AND HEEL AND CROSS AND HEEL AND CROSS UNWIND FULL TURN RIGHT ROCK AND CROSS

- 1&2 Cross left foot over right, step right beside left, place left heel diagonally forward  
&3&4& Step left foot beside right, cross right over left, step right foot back and place left heel diagonally, step right foot beside left  
5-6 Cross left foot over right, unwind full turn right  
7&8 Rock left foot to left side, step right beside left, cross left foot over right

## KICK BALL CROSS RIGHT FOOT, TOE TOUCH AND HEEL DIG AND ROCKING CHAIR

- 1&2 Kick right foot forward, step right foot beside left, cross left foot over right  
&3&4 Stepping onto left foot touch right toe behind left foot, step onto right foot, place left heel forward  
&5-6 Stepping onto left foot rock forward onto right, recover on left  
7-8 Rock back onto right foot, recover on left

## HIP BUMPS FORWARD STEPPING ON RIGHT ½ TURN LEFT STEP FORWARD LEFT BUMP HIPS, ½ TURN RIGHT STEP FORWARD RIGHT BUMP HIPS

- 1&2 Step on right bumping hip backwards and forward  
3&4 Making ½ turn left step onto left foot bumping hips forward and backward  
5&6 Step on right bumping hip backwards and forward  
7&8 Making ½ turn left step onto left foot bumping hips forward and backward

## ROCK RIGHT TO RIGHT SIDE RECOVER, CROSS SHUFFLE TURN ½ RIGHT CROSS SHUFFLE

- 1-2 Rock right to right side, recover onto left  
3&4 Cross right foot over left, step onto left, cross right foot over left  
56 Making a ¼ turn right step left foot back, make ¼ turn right step left foot to left side  
7&8 Cross left foot over right, step onto right to right side, cross left foot over right

**REPEAT**

**TAG**

Repeat sections 5 and 6 at end of wall 3

At the end of wall 6 sway hips for 4 counts or make a hip roll

**ENDING**

After wall 6 and the hips rolls repeat sections 5 and 6 only twice

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