### Hold On Real Tight



Count: 32 Wall: 4 Level: Improver

Choreographer: Nancy Morgan (USA)

Music: Hold Me - Cartoons



## SIDE STEP, SLOW FORWARD ROCK, SIDE-TOGETHER-SIDE, CROSS ROCK, SIDE STEP, BEHIND, FORWARD WITH 1/4 TURN RIGHT

1	Step	riaht	foot '	to ı	riaht	side

2-3 Step forward on left and back on right

4&5 Step left to left side, put right next to left, step left to left side

6-7 Cross-rock forward right over left and back on left

Step right to right side, step left behind right, step right foot forward as you turn ¼ turn to your

right

### WALK, WALK, MAMBO ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

2-3 Walk forward left, right

4&5 Step forward on left, ½ turn to right, put left next to right

6-7 Forward rock on right and back on left

8&1 Step back on right, back on left, forward on right

#### FORWARD ROCK, COASTER STEP, STEP, PIVOT ½ TURN LEFT, SHUFFLE FORWARD

2-3 Forward rock on left and back on right

4&5 Step back on left, back on right, forward on left
6-7 Step forward on right, ½ turn to left (weight is on left)

8&1 Shuffle forward - right, left, right

# STEP OUT LEFT, OUT RIGHT, CROSS RIGHT ARM OVER LEFT ARM, CROSS LEFT OVER RIGHT ARM (HUGGING YOURSELF), ROLL COUNTER TO THE RIGHT 2 TIMES

2-3 Step left out to left side (shoulder width), step right out to right side (shoulder width)

4-5 Cross right over left arm and hold on to your left arm, cross left over right arm and hold on to

your right arm (as if you are hugging yourself)

6-7 Roll hips counter clock wise from left to right

8& Roll hips counter clock wise from left to right as you slide your left foot to your right with

weight ending on your left

#### **REPEAT**