# Hold On Tight (P)



Count: 64 Wall: 0 Level: Partner

Choreographer: Rick Bates (USA) & Deborah Bates (USA)

Music: If You Ever Saw Her - Ricky Martin

Position: Right Open Promenade Position. Arms extended forward. Lady's Left hand on top of Man's Right hand, palms down. Partners on opposite footwork

### WALK, WALK, FORWARD SHUFFLE, FULL ROLLING TURN, FORWARD SHUFFLE

1-2 **MAN:** Step forward on right foot; step forward on left foot

LADY: Step forward on left foot; step forward on right foot

3&4 MAN: Shuffle forward (right, left, right)

LADY: Shuffle forward (left, right, left)

Release inside hands

5-6 MAN: Step forward on left foot and begin a full rolling turn to the right traveling forward

toward LOD; step on right foot and complete full rolling turn to the right

LADY: Step forward on right foot and begin a full rolling turn to the left traveling forward

toward LOD, step on left foot and complete full rolling turn to the left

Rejoin inside hands. Man's right and lady's left

7&8 **MAN:** Shuffle forward (left, right, left)

LADY: Shuffle forward (right, left, right)

### ROCK STEP, TURNING SHUFFLE, WALK, WALK, FORWARD SHUFFLE

9-10 **MAN:** Step forward on right foot; rock back onto left foot

LADY: Step forward on left foot; rock back onto right foot

Release inside hands

11&12 MAN: Shuffle back (right, left, right) making a ½ turn to the right on these steps

LADY: Shuffle back (left, right, left) making a ½ turn to the left on these steps

Join inside hands. Man's left and lady's right. Partners now facing RLOD in the Left Open Promenade position

13-14 **MAN:** Step forward on left foot; step forward on right foot

LADY: Step forward on right foot; step forward on left foot

15&16 **MAN:** Shuffle forward (left, right, left)

LADY: Shuffle forward (right, left, right)

### FULL ROLLING TURN, FORWARD SHUFFLE, ROCK STEP, TURNING SHUFFLE

Release inside hands

17-18 MAN: Step forward on right foot and begin a full rolling turn to the left traveling forward

toward LOD; step on left foot and complete full rolling turn to the left

LADY: Step forward on left foot and begin a full rolling turn to the right traveling forward

toward LOD, step on right foot and complete full rolling turn to the right

Rejoin inside hands. Man's left and lady's right

19&20 **MAN:** Shuffle forward (right, left, right)

LADY: Shuffle forward (left, right, left)

21-22 MAN: Step forward on left foot; rock back onto right foot

LADY: Step forward on right foot; rock back onto left foot

Release inside hands

23&24 MAN: Shuffle back (left, right, left) making a ¾ turn to the left on these steps

LADY: Shuffle back (right, left, right) making a ¾ turn to the right on these steps

Partners are now back-to-back. Man faces ILOD and lady faces OLOD

### TOE SWITCHES, LUNGE, TOUCH, DIAGONAL STEP BACK, CROSS, UNWIND, BODY RIPPLE

25& MAN: Touch right toe forward; step right foot next to left

LADY: Touch left toe forward; step left foot next to right

26& MAN: Touch left toe forward; step left foot next to right

LADY: Touch right toe forward; step right foot next to left

27-28 MAN: Take a long step forward on right foot; touch left foot next to right

LADY: Take a long step forward on left foot; touch right foot next to left

&29-30 MAN: Step back and diagonally to the left on left foot; cross right foot over left; unwind a ½

turn to the left and shift weight to right foot

LADY: Step back on right foot; cross left foot over right; unwind a ½ turn to the right and shift

weight to left foot

### Partners now facing each other. Man faces OLOD and lady faces ILOD. Lady slightly to the left of man

31&32 MAN: Bend knees slightly and push pelvis forward; begin straightening knees bringing pelvis

back and pushing chest out; bring chest back and stand upright

LADY: Bend knees slightly and push pelvis forward begin straightening knees bringing pelvis

back and pushing chest out; bring chest back and stand upright

### WALK, WALK, FORWARD SHUFFLE (PARTNERS SWITCH SIDES), TURNING JAZZ SQUARE

33-34 **MAN:** Step forward on left foot; step forward on right foot

LADY: Step forward on right foot; step forward on left foot

### Partners passing each other. Lady to the left of man

35&36 MAN: Shuffle forward (left, right, left)

**LADY:** Shuffle forward (right, left, right)

37-38 MAN: Cross right foot over left and step; step back on left foot

LADY: Cross left foot over right and step; step back on right foot

39-40 MAN: Step a ¼ turn to the right on right foot; touch left foot next to right

LADY: Step a ¼ turn to the left on left foot, touch right foot next to left

Do not rejoin hands. Partners now facing RLOD in a Modified Right Open Promenade position

### MILITARY PIVOT, LUNGE LEFT (PARTNERS SWITCH SIDES), HIP WIGGLES, DIAGONAL STEP-SLIDE

41-42 MAN: Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to

right foot

LADY: Step slightly forward on right foot; pivot ½ turn to the left on ball of right foot and shift

weight to left foot

## Partners now facing flod. Lady to the left and slightly ahead of man, allowing her to pass in front of man during next two counts

43-44 MAN: Take a long step to the left on left foot; drag right foot next to left and touch

LADY: Take a long step to the right on right foot; drag left foot next to right and touch

### Partners have now switched sides. Lady to the right and slightly ahead of man

45-46 MAN: Wiggle hips and bend knees slightly; continue to wiggle hips as you straighten knees,

transfer weight to left foot

LADY: Wiggle hips and bend knees slightly; continue to wiggle hips as you straighten knees,

transfer weight to right foot

### Lady will continue to be slightly ahead of man during counts 47-54 allowing partners to crisscross. Lady always crossing in front of man

47-48 MAN: Step forward and diagonally to the right on right foot; slide left foot next to right and

step

LADY: Step forward and diagonally to the left on left foot; slide right foot next to left and step

### DIAGONAL SHUFFLE, DIAGONAL STEP-SLIDE, DIAGONAL SHUFFLE, CROSS, STEP BACK

49&50 **MAN:** Shuffle forward and diagonally to the right (right, left, right)

**LADY:** Shuffle forward and diagonally to the left (left, right, left)

#### Partners have now switched sides. Lady to the left and slightly ahead of man

51-52 MAN: Step forward and diagonally to the left on left foot; slide right foot next to left and step

LADY: Step forward and diagonally to the right on right foot, slide left foot next to right and

step

53&54 **MAN:** Shuffle forward (left, right, left)

**LADY:** Shuffle forward and diagonally to the right (right, left, right)

Partners have now switched sides. Lady to the right of man. Partners will need to make adjustments so that

### they end in the Right Open Promenade position, but do not join hands

55-56 MAN: Cross right foot over left and step; step back on left foot

LADY: Cross left foot over right and step; step back on right foot

### STOMP, HOLDS, SYNCOPATED BACK STEPS (GALLOP BACK)

57-60 MAN: Stomp forward on right foot, extending right arm forward. Lady places her left hand on

top of man's right; hold for 3 counts

LADY: Stomp forward on left foot, extending left arm forward. Lady places her left hand on

top of man's right; hold for 3 counts

61& MAN: Step back on left foot; step right foot next to left

**LADY:** Step back on right foot; step left foot next to right

62& MAN: Step back on left foot; step right foot next to left

**LADY:** Step back on right foot; step left foot next to right **MAN:** Step back on left foot; touch right foot next to left

WAIT. Step back of felt loot, todail right loot flext to left

LADY: Step back on right foot; touch left foot next to right

### **REPEAT**

63-64