Hold On To Your Hiney



Count: 0 Wall: 4 Level: Intermediate/Advanced

Step forward left, pivot ½ turn right putting weight on right

Choreographer: Cindi Talbot (CAN)

Music: Hold On to Your Hiney - Wild Cherry



Sequence: AB AB AAB A to the end

PART A

7-8

WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN	
1-2	Step forward right, step forward left looking to the right
3-4	Step forward right, step forward left looking to the right
5&6	Shuffle forward right-left-right

WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT 1/2 TURN

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9-10	Step forward left, step forward right looking to the le	ft
11-12	Step forward left, step forward right looking to the le	ft
12211	Chuffle forward left right left	

13&14 Shuffle forward left-right-left

15-16 Step forward right, pivot ½ turn left putting weight on left

ROCK FORWARD & BACK & SHUFFLE FORWARD (REPEAT ON LEFT)

17&	Rock right foot forward, replace weight on left
18&	Rock back on right, replace weight on left
19&20	Shuffle forward right-left-right
21&	Rock left foot forward, replace weight on right

21& Rock left foot forward, replace weight on right 22& Rock left foot back, replace weight on right

23&24 Shuffle forward left-right-left

BIG STEP 1/4 TURN/ SHAKE YOUR HIPS/ BIG STEP 1/2 TURN/ SHAKE YOUR HIPS

25-26	lake big step forward with right making 1/4 turn left, slide left foot next to right
27&	Put hands on hips and push hips left putting weight on left, push hips right changing weight
28&	Push hips left, push hips right taking weight on right
29-30	Take big step to left side with left pivoting $\frac{1}{2}$ turn on ball of left foot swinging right foot around to touch beside left
31&	Put hands on hips and push hips right putting weight on right, push hips left
32&	Push hips right, push hips left putting weight on left

PART B

8&

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE		
	1	Reach forward with both hands at waist level while stepping forward with right
	&2	Step left forward but slightly behind right, step right forward while pulling hands back to side of body
	3	Reach forward with both hands
	&4	Step left forward but slightly behind right, step right forward while pulling hands back to sides of body
	5&	Scuff left foot beside right, hitch left knee making 1/4 turn right
	6	Step down on left
	7&	Put hands on back of hips fingers pointing down pushing hips right then left

STEP ½ TURN/ STEP ½ TURN / SHUFFLE FORWARD / STEP ½ TURN

Push hips right then left

9-10 Step forward on right, pivot ½ turn left, putting weight on left

11-12	Step forward on right, pivot ½ turn left, putting weight on left
13&14	Shuffle forward right-left-right
15-16	Step forward on left pivot ½ turn right putting weight on right

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

17-24 Repeat 1-16 on opposite side

STOMP HOLD (2X)/STEP ½ TURN/ STEP ½ TURN/ SHUFFLE FORWARD/ STEP ½ TURN

25-26	Step forward on left, hold
27-28	Step forward on right, hold
29-30	Step forward on left, pivot ½ turn right
31-32	Step forward on left, pivot ½ turn right
33-34	Shuffle forward left-right-left
35-36	Step forward on right, pivot ½ turn left putting weight on left