# Holdin On For You

**Count: 32** 

Level: Intermediate

Choreographer: Glynn Holt (UK) & Sue White (USA) Music: Holding On for You - Liberty X

## LEFT HEEL JACK, RIGHT HEEL JACK, LEFT KICK BALL TOUCH, RIGHT KICK BALL TOUCH

- 1&2 Cross left heel over right foot, step back on right foot, dig left heel slightly forward
- 3&4 Cross right heel over left foot, step back on left foot, dig right heel slightly forward
- 5&6 Kick left foot forward, bring left in place next to right stepping right out to right side
- 7&8 Kick right foot forward, bring right in place next to left stepping left out to left side

#### LEFT SHUFFLE FORWARD, CROSS UNWIND ½ TURN, LEFT SAILOR STEP, CROSS STEP BEHIND **MAKING ½ TURN**

- 1&2 Shuffle forward on left right left,
- 3&4 Cross right foot over left foot, unwind 1/2 turn over left shoulder
- 5&6 Step left foot behind right, right foot to right side, left foot in place
- 7-8 Cross right foot behind left making 1/2 turn right

## LEFT CHASSE, SAILOR STEP ¼ TURN RIGHT, ROCK FORWARD, BACK, LEFT COASTER STEP

- 1&2 Side shuffle to the left on left, right, left
- 3&4 Step right foot behind right, make 1/4 turn right stepping right foot forward
- 5-6 Rock forward on left root, recover weight onto right foot
- Step left foot back, right foot in place and left foot forward 7&8

#### ROCK FORWARD, RECOVER, TRIPLE ¾ TURN, LEFT ROCK & CROSS, RIGHT ROCK & CROSS

- 1-2 Rock forward on right foot, recover weight onto left foot
- 3&4 Triple <sup>3</sup>/<sub>4</sub> turn left, stepping left, right, left
- 5&6 Rock left to left side, weight on to right foot, and cross left over right
- 7&8 Rock right to right side, weight onto left foot, and cross right over left

#### REPEAT

## RESTART

During the dance you will need to restart the during the 4th wall just after the triple 34 turn. Just start the dance again.





Wall: 1