

# Helplessly, Hopelessly, Recklessly

**COPPER** KNOB  
STEPSHEETS

Count: 48

Wall: 2

Level: Intermediate waltz

Choreographer: Michael Vera-Lobos (AUS)

Music: Helplessly, Hopelessly, Recklessly - Jessica Andrews



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## BASIC WALTZ FORWARD, STEP BACK, HALF TURN, HALF TURN

- 1-2-3 Step forward right, step left beside right, step right beside left  
4-5-6 Step back on left, turn ½ turn right on right, step forward on left turning ½ turn right

## WALTZ BACK, CROSS IN FRONT, ¼ TURN LEFT, ¼ TURN LEFT

- 1-2-3 Step back on right, step left beside right, step right beside left  
4-5-6 Cross left over right, step right to right turning ¼ turn left, step left to left turning ¼ turn left

## CROSS WALTZ, CROSS WALTZ, CROSS WALTZ, CROSS, ¼ LEFT, ¼ LEFT

- 1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right  
4-5-6 Traveling forward - cross left over right, rock right to right side, rock weight center on left  
1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right  
4-5-6 Cross left over right, step right to right turning ¼ turn left, step left to left turning ¼ turn left

## LARGE STEP TO SIDE, DRAG FOR 2 COUNTS, LARGE STEP TO SIDE, DRAG 2 COUNTS

- 1-2-3 Step right to right side, drag left toe towards right for two counts (end weight right)  
4-5-6 Step left to left side, drag right toe towards left for two counts (end weight left)

## RIGHT COASTER STEP, FULL TURN FORWARD

- 1-2-3 Step back on right, step left beside right, step forward on right foot  
4-5-6 Step forward on left turning ½ turn right, step back on right turning ½ turn right, step forward on left

## STEP FORWARD, DRAG TOGETHER, STEP BACK, HALF, STEP

- 1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)  
4-5-6 Step back on left, step back on right turning ½ turn right, step forward on left

## STEP FORWARD, DRAG TOGETHER, STEP SIDE WITH HIPS LEFT-RIGHT-LEFT

- 1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)  
4-5-6 Stepping left to left sway hips left-right-left

## REPEAT

## RESTARTS

This dance has two restarts and these occur at the end of each chorus. On wall 4 complete dance up to side drag, side drag, coaster, full turn then start the dance again this will reoccur on wall 8. Dance to the same section and start again

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