# **Hey Now**



Count: 48 Wall: 4 Level: Intermediate

Choreographer: Ron Kline (USA)

Music: You've Got Something I Want - J.C. Jones



### STOMPS OUT TO SIDES WITH HOLDS, SMALL STEPS TOGETHER, CROSS TOUCH

1-4 Stomp right foot out slightly to right side, (weight to right foot) hold/snap fingers, stomp left foot out slightly to left side, (weight to left foot) hold/snap fingers (feet should be slightly more

than shoulder width apart)

5-7 Bump hips to left as you step right foot towards center, bump hips to right as you step left foot

towards center, bump hips to left as you step right foot to center

8 Cross touch left toe over right foot

### SLOW UNWIND, SHAKE AND SHAKE

### Keep weight on right foot through these steps

9-12 Slowly in 4 counts unwind legs ½ turn to the right as you raise right shoulder and lower left

shoulder, raise left shoulder and lower right shoulder, repeat shoulders

13&14 With elbows bent and hands making loose fists in front of body bend slightly forward at waist

as you shake shoulders and hips (right-left-right.)

15&16 Straighten up as you shake shoulders and hips (right-left-right.)

### BACK BALL WALK FORWARD, SHUFFLE FORWARD, ROCK/GRIND STEP, COASTER WITH TURN

&17-18 Step back slightly on ball of left foot, walk forward (right-left.)

19&20 Shuffle forward (right-left-right.)

21-22 Rock forward on left heel with toe to right diagonal, fan left toe to left diagonal as you shift

weight back onto right foot

Step left foot back, step on ball of right foot next to left foot, step left foot forward turning foot

and twisting upper body to the left to start a 1/4 turn to the left

#### VINE RIGHT WITH 1/2 TURN. 2 SAILOR SHUFFLES

25-28 Pivot slightly on left foot to finish ¼ turn to the left stepping right foot to right side, cross step

left foot behind right foot, step right foot to right side making a 1/4 turn to the right with the

step, pivot 1/4 to the right on right foot stepping left foot to left side

29&30 Angling body slightly to the right step right foot behind left foot, step to left side on ball of left

foot, straightening body forward step right foot in place

31&32 Angling body slightly to the left step left foot behind right foot, step to right side on ball of right

foot, straightening body forward step left foot in place

## AFRO TWIST & TO RIGHT SIDE, AFRO TWIST & TO LEFT SIDE

## Afro Twist is a dance we did in the 60s.

33	Dipping right shoulder	to right side step right t	foot to right side at the s	ame time, make upper

half of circle in front of body with left hand from left to right

34 Bend both knees stepping left foot next to right foot. At the same time, make upper half of

circle in front of body with right hand from right to left

35 Straightening up step right foot to right side. At the same time, make upper half of circle in

front of body with left hand from left to right

Touch left toe to left side. At the same time, reach out to right side with left hand and twist

upper body slightly to the right

Dipping left shoulder to left side step left foot to left side. At the same time, make upper half

of circle in front of body with right hand from right to left

Bend both knees stepping right foot next to left foot. At the same time, make upper half of

circle in front of body with left hand from left to right

39	Straightening up step left foot to left side. At the same time, make upper half of circle in front of body with right hand from right to left			
40	Touch right toe to the right side. At the same time, reach out to left side with right hand and twist upper body slightly to the left			
GRIND STEPS, COASTER STEP, HOLD, STOMP				
Twist hips with the first 4 counts				
41-42	Step Right foot slightly forward with toe to the left, lifting Left heel off floor fan Right toe to the right as you step down on Left foot			
43-44	Repeat counts 41-42 (rock steps may be used for these 4 counts)			
45&46	Step right foot back, step on ball of left foot next to right foot, step right foot forward			
47-48	Hold position, stomp left foot in place and just slightly ahead of right foot			

## **REPEAT**