# Hay Que Linda

Level: Intermediate

Choreographer: Johnny T. Darl

**Count:** 64

Music: Hay Que Linda - Dreamhouse

## Walls 1,3,4,5,7 are 64 counts; walls 2 and 6 are 48 counts

## SHIMMY FORWARD, HALFTURN, SHIMMY FORWARD

- 1 Step forward on left foot (bending knees slightly down) &2&3&4 Shimmy shoulders forward and upward (as knees straighten up) & Pushing back off left foot, make 1/2 turn left on ball of right foot 5 Step forward on left foot (bending knees slightly down)
- &6&7&8 Shimmy shoulders forward and upward (as knees straighten up)

## ROCK FORWARD AND BACK, STEP BACK, HOLD, PIVOT, HOLD, SHUFFLE

- 9 Rock forward onto right foot
- 10 Rock back onto left foot
- 11 Step right foot back
- 12 Hold
- 13 Pivot 1/2 turn to right on balls of both feet
- 14 Hold
- 15&16 Left shuffle forward with right lock step behind left (left, right-lock, left)

## TRAVELING HIP BUMPS, ROCK FORWARD AND BACK

- 17&18 Step right foot forward and diagonally right while bumping hips forward, back, forward
- 19&20 Step left foot forward and diagonally left while bumping hips forward, back, forward
- 21&22 Step right foot forward and diagonally right while bumping hips forward, back, forward
- 23 Rock forward onto left foot
- 24 Rock back onto right foot

## STEP BACK AND HOOK, HOLD, UNWIND, SCOOT BACKWARDS

- 25 Step left foot slightly back and hook behind right foot
- 26 Hold
- 27 Unwind <sup>3</sup>/<sub>4</sub> turn to left
- 28 Hold
- 29 Hitch right knee and scoot back on left foot
- & Lower right foot to ground
- 30 Hitch left knee and scoot back on right foot
- & Lower left foot to ground
- 31 Hitch right knee and scoot back on left foot
- 32 Touch right foot to ground

# You may also "mashed potato" backwards on counts 29-32

# KNEE ROLL, SLIDE TO RIGHT, TURN, HOLD, BODY ROLL

- 33-34 Roll right knee to the right
- 35 Slide right foot to right side
- & Slide left next to right
- 36 Slide right foot to right side
- 37 Step left foot forward and into a 1/4 right turn
- 38 Hold





Wall: 2

39&40 Body roll; bend knees slight as to start sitting down, pull rear end back slightly at the same time pushing chest slightly forward, stand up as you roll chest upward

## STEP BACK, HOLD, STEP BACK, PIVOT, TURN, HIP BUMPS, TURN, HIP BUMPS, TURN

- 41 Step left foot backward
- 42 Hold
- 43 Step right foot back
- 44 Pivot <sup>1</sup>/<sub>2</sub> turn to right on balls of both feet
- & Step left foot forward into right ¼ turn
- 45&46 Bump hips left, right, left
- & Pivot right ½ turn on ball of left foot
- 47&48 Bump hips right, left, right
- & Pivot ¼ right turn on ball of right foot

## Walls 2 and 6 end here. Begin with counts 1-8 again

## STEP FORWARD, HOLD, BODY ROLL, STEP BACK, HOLD, STEP BACK, PIVOT

- 49 Step left foot forward
- 50 Hold
- 51&52 Body roll; bend knees slight as to start sitting down, pull rear end back slightly at the same time pushing chest slightly forward, stand up as you roll chest upward
- 53 Step left foot backward
- 54 Hold
- 55 Step right foot back
- 56 Pivot <sup>1</sup>/<sub>2</sub> turn to right on balls of both feet

## KNEE ROLL, KNEE ROLL, TURN, TURN, HOOK, UNWIND

- 57-58 Touch left foot slightly forward and roll left knee to the left
- & Step down on left foot
- 59-60 Touch right foot slightly forward and roll right knee to the right
- 61 Step right foot forward into a right ¼ turn
- 62 Step back onto left foot continuing with another right 1/4 turn
- 63 Hook right foot behind left
- 64 Unwind <sup>1</sup>/<sub>2</sub> turn to right on balls of both feet (transfer weight to right foot)

#### REPEAT