

He Cheats

Count: 32

Wall: 4

Level: Improver mambo

Choreographer: Linda Jroski (USA)

Music: Before He Cheats - Carrie Underwood



1&2	Rock right to side, recover on left, cross right over left
3&4	Rock left to side, recover on right, cross left over right
5&6	Step right to side, cross left behind right, turn ¼ right and step right forward
7&8	Step left to side, step right together, step left to side
1&2	Kick right forward, step right together, step left in place
3&4	Step right back, step left together, step right back
5&6	Step left back, step right together, step left forward
7-8	Step right forward, turn ½ left (weight to left)
1-2	Touch right toe to side, cross right behind left
3-4	Touch left toe to side, cross left behind right
5-6	Touch right toe to side, cross right behind left
7&8	Step left forward, step right together, step left forward
1-2	Step right forward, turn ½ left (weight to left)
3&4	Rock right forward, recover on left, step right together
5&6	Rock left forward, recover on right, step left together
7-8	Sway hips right, sway hips left

REPEAT
