Heart Day Hustle



Count: 28 Wall: 0 Level:

Choreographer: Coast Country Dance Club

Music: Bad Heart Day - Rick Tippe



The song starts with 7 cracking whip snaps. The dance starts with your left heel forward on the floor. With each crack of the whip you touch your heel forward alternating between your left & right. On the first crack of the whip the left heel is touched forward, left foot returns beside right, second crack of the whip the right heel is touched forward, then right foot returns beside left & so on. On the seventh whip snap the left heel has touched forward & returns beside right then stomp your right foot once & begin dance.

SIDE TOUCH AND SLAP COMBINATION ON THE RIGHT FOOT

1 2	Dight too touches to t	tha right cida	Maight on loft right for	at alan with laft hand in front
1-2	MIGHT TOE TOUCHES TO	ine nuni siue.	Weight on left, hight for	ot slap with left hand in front

3-4 Right toe touches to right side. Right foot slap with left hand behind your leg

5-6 Right toe touches to the right side. Right foot returns beside left

7-8 Right foot jumps sideways to the right with left foot following. Left foot lands beside right with

a click or stomp of the heel

SIDE TOUCH AND SLAP COMBINATION ON THE LEFT FOOT

9-10	Left toe touches to the left side. Weight on right, left foot slap with right hand in front
11-12	Left toe touches to the left side. Left foot slap with the right hand behind your leg
13-14	Left toe touches to the left side. Left foot returns beside right
15	Left foot jumps sidewaysto the left with right foot following
16	Right foot lands beside left foot with a click or stomp of the heel

TWO REVERSE PIVOT TURNS

17-18	Right heel touches forward. Right foot steps back
19-20	Left foot touches back. Pivot to the left with weight on the ball of your right foot
21-22	Right heel touches forward. Right foot steps back
23-24	Left foot touches back. Pivot to the left with weight on the ball of your right foot

SCUFF AND HOP FINISH

25	Weight on left, scuff right foot pivoting on the ball of your left foot ¼ turn to the left
26	Step down on the right foot facing your new wall
27	Left foot jumps sideways to the left with right foot following
28	Right foot lands beside the left with a click or stomp of the right heel

REPEAT