

Count: 64 Wall: 4 Level: Intermediate

Choreographer: Dottie Wicks (USA) & The Lady In Black (UK)

Music: Gotta Get Movin' - First Love



TRAVELING HEEL SWITCHES/WALKS/HIP BOOGIES DOWN & UP

1&2 Dig right heel forward, return weight on right, dig left heel forward

&3-4 Return weight to left and traveling forward walk right, left

5&6&7&8& Bump hips while going up, bending & straightening knees, going down, going up, going down

9-16 Repeat counts 1-8

Fun variation: alternate in your row. One person starts up, the next down, etc.

CROSS ROCK SHUFFLE STEPS

1-2 Cross rock right over left, recover weight on left

3&4 Shuffle traveling ³/₄ turn over right shoulder - right, left, right

5-6 Cross rock left over right, recover weight on right

7&8 Shuffle traveling ½ turn over left shoulder - left, right, left

FRONT STEPS/SIDE POINTS/POINT, HITCH, POINT

1-2 Step right in front of left, hold3-4 Step left in front of right, hold

Variation:

1 Step right in front of left &2 Swivel both heels out & in 3 Step left in front of right &4 Swivel both heels out & in

5 Point & touch right to right side(weight on left)
&6 Step right in place, point & touch left to left side
&7 Step left in place, point & touch right to right side
&8 Side hitch right knee up, point right to right side

KNEE IN/TURN KICK/COASTER STEP/HIP BUMPS/KICK, CROSS, UNWIND

1 Keeping right toe pointed to side, bend right knee into left leg

2 Turn ¼ turn right (weight on left), kick right leg forward

3&4 Right coaster step (right, left, right)

5&6 Step left foot forward, bump hips left, right, left (weight on left)

7&8 Kick right to right diagonal, cross right toe over left, unwind ½ turn over left (weight on left)

HEEL JACKS/CROSS OVER/HEEL BUMPS 1/4 TURN

&1 Stepping back on right, dig left heel forward&2 Stepping left in place, tap right toe next to

&3&4 Repeat &1 & 2 above

&5 Stepping back on right, dig left heel forward &6 Step left in place, cross right over left

7&8 Bump heels (raise & lower heels) 3 times making ½ turn left

TRAVELING FORWARD DIAGONAL LOCK STEPS WITH SHOULDER LEANS

Traveling to right diagonal, lock step forward right, left, right (leaning shoulder to right)

Traveling to left diagonal, lock step forward left, right, left (leaning shoulder to left)

5&6 Repeat 1&2

7&8 Repeat 3&4

TRAVELING BACKWARDS OUT-OUT/HOLD CLAP/IN-IN/HOLD CLAP/PUSH BACKS

&1 Traveling backwards step out right, out left2 Hold & clap

&3 Traveling backwards step in right, in left

4 Hold & clap

Traveling backwards step back right, left (pushing both palms forward chest level)

6 Hold and bring arms down to side

&7 Traveling backwards step back right, left (pushing both palms forward chest level)

8 Hold and bring arms down to side

REPEAT