

Groove

Count: 32

Wall: 4

Level:

Choreographer: Brian Barakauskas (USA)

Music: Love Is Alive - Anastacia



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|-------|----------------------------------------------------------------------------------|
| 1&2 | Rock back on right, recover, step right to right side |
| 3 | Turn full turn to right, change weight to left foot |
| &4 | Take two small steps forward (right, left) |
| 5&6 | Rock forward on right, recover, step right together with left |
| 7&8 | Triple forward (left, right, left) |
| | |
| 1-2 | Step right foot forward making ½ turn to left (weight stays on right) |
| 3 | Kick left foot forward |
| &4 | Take two steps back (left right) look to left on count 4 |
| 5 | Hold (point right arm to left) |
| 6-7-8 | Hold (slowly swing arm around to point forward) |
| | |
| 1&2 | Sailor step making ¼ turn to left (left, right, left) |
| 3&4 | Triple forward (right, left, right) |
| 5-6& | Step forward on left, hold, step right behind left |
| 7-8& | Step forward on left, hold, step right behind left |
| | |
| 1-2& | Step forward on left, rock forward on right, recover |
| 3 | Low ronde with right foot |
| 4&5 | Swing right foot around into sailor step turning ¼ to right (right, left, right) |
| 6 | Turn ½ turn to left, change weight to left foot |
| 7 | Step forward on right |
| 8 | Turn ½ turn to right stepping back on left foot |

REPEAT
