

The Groovin' Thing

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Mark Furnell (UK)

Music: Superstar - Jamelia



KICK BALL STEP, BOUNCE, BOUNCE, KICK, COASTER STEP, POINT SWITCH POINT

- 1&2 Kick right foot forward, step down on ball of right foot and step left forward
- 3&4 Lean forward on left and bounce knees twice, lean back on right and kick left foot forward
- 5&6 Coaster step left, right, left
- 7&8 Point right toes to side, bring right to left and point left toe to side

CROSS POINT, SHUFFLE CROSS, POINT HITCH POINT TURNS $\frac{1}{2}$, $\frac{1}{4}$, $\frac{1}{2}$, (TRAVELING TO RIGHT)

- &1-2 Bring left foot to right, cross right over left, point left toe out to left side
- 3&4 Cross shuffle left, right, left
- 5-6 Point right to out to side, pivot $\frac{1}{2}$ turn right on left foot and point right toe to side
- 7-8 Pivot $\frac{1}{4}$ turn right on left foot and point right toe to side, pivot $\frac{1}{2}$ turn right on left foot and point right

SAILOR STEP, BEHIND SIDE CROSS, POINT SIDE, POINT BEHIND, CHASSE SIDE

- 1&2 Sailor step, right, left, right
- 3&4 Step left behind right, step right to side, cross left over right
- 5-6 Point right toe to side, point right toe behind left foot
- 7&8 Chasse side right, stepping right, left, right

FORWARD SAILOR STEP $\frac{1}{4}$ TURN, TRIPLE 1 $\frac{1}{2}$ TURN, WALK BACK LEFT, RIGHT, COASTER STEP

- 1&2 Cross left over right, step right back, step left $\frac{1}{4}$ turn left
- 3&4 Triple 1 $\frac{1}{2}$ turn left, stepping right, left, and right
- 5-6 Walk back left, right
- 7&8 Coaster step back, stepping left, right, and left

REPEAT
