

The Hampster Dance

Count: 32

Wall: 4

Level: Beginner

Choreographer: Bill Lorah (USA)

Music: The Hampsterdance Song (Radio Edit) - Hampton the Hampster



STOMP, STOMP, CLAP, CLAP, DO THE HAMSTER

- 1-2 Stomp right foot, stomp left next to right
- 3-4 Clap hands twice
- 5-6 Hamster move: take both hands at chest level and rotate them out and back in while rotating hips
- 7-8 Repeat hamster move (steps 5-6)

SAILOR STEP, COASTER STEP, LINDY RIGHT

- 1&2 Step right behind left, step left to left side, step right forward
- 3&4 Step left back, step right back, step left forward
- 5&6 Shuffle right, left, right to right side
- 7-8 Rock back onto left, replace weight forward onto right

ROLLING VINE TO LEFT, TWO POLKAS FORWARD

- 1 Step left to left side into a $\frac{1}{4}$ turn left
- 2 Step right into $\frac{1}{4}$ turn left
- 3 Step left into $\frac{1}{2}$ turn left to face original wall
- 4 Touch right next to left
- 5&6 Polka (shuffle) forward right, left, right
- 7&8 Polka (shuffle) forward left, right, left

JAZZ BOX, $\frac{1}{4}$ TURN RIGHT JAZZ BOX

- 1-2 Cross step right over left, step back onto left
- 3-4 Step right next to left, step left forward
- 5-6 Cross step right over left, step back onto left
- 7-8 Step right into $\frac{1}{4}$ turn right, step left next to right

REPEAT
