

Hampster's Dance

Count: 32

Wall: 4

Level: Improver

Choreographer: Jan Wyllie (AUS)

Music: The Hampster Dance Song - Hampton the Hampster



1-2 Touch right heel to right diagonal., touch right toe beside left
3-4 Tap right heel to right diagonal., tap right heel to right diagonal
& Step right beside left
5-6 Touch left heel to left diagonal, touch left toe beside right
7-8 Tap left heel to left diagonal., tap left heel to left diagonal
& Step left beside right

9& Touch right heel forward, step right beside left
10& Step forward on left, step right beside left
11&12 Step forward on left, step right beside left, step forward on left
13-14 Rock/step forward on right, rock back on left
15&16 Make a ¼ turn right and shuffle to the right right, left, right

The next steps depict the "rocking" hamster that you see on tele during the video of this song. Arms should be held stiffly beside body with wrists bent and hands pointing to each side

17 Keeping legs stiff rock weight to left and bend body to left
18 Keeping legs stiff rock weight to right and bend body to right
19 Keeping legs stiff rock weight to left and bend body to left
20 Keeping legs stiff rock weight to right and bend body to right
21-22 Stamp left beside right, stamp right beside left
23-24 Clap hands twice

25-26-27&28 Make a full turn to the left while stepping left, right shuffle left, right, left
29-30 Step forward on right, make a "breastroke" movement with your arms (as if you were swimming I mean!)

31-32 Step forward on left, make a "breastroke" movement with your arms as above

REPEAT

TAG

You will have to take up the extra beats at the end of the 1st (2 beats), 2nd (2 beats), 5th (4 beats), 6th (2 beats) and 7th (2 beats) walls. Put your right heel forward and hold. You will probably hear where the extra counts have to go, but if you miss it, who cares. Just have some fun with it!