

# Hands On The Spirit

Count: 32

Wall: 4

Level: Improver east coast swing

Choreographer: Mark Furnell (UK)

Music: Honky Tonk Truth - Brooks & Dunn



## **SYNCOPATED ROCKS, BEHIND SIDE CROSS KICK, BEHIND SIDE CROSS KICK**

- 1&2& Rock back on right, rock forward on left, rock forward on right, rock back on left  
3&4& Rock forward on right, rock back on left, rock side on right, replace on left  
5&6& Step right behind left, step side on left, cross right over left, kick left foot diagonally left  
7&8& Step left behind right, step side on right, cross left over right, kick right foot diagonally right

## **BEHIND STRUT, ¼ TURN STRUT, STEP TURN STEP HITCH, STEP CLOSE STEP HITCH. STEP TOGETHER STEP TOGETHER, STEP**

- 9&10& Touch right toe behind left heel and strut right heel down making ¼ turn right, touch left to side and strut left heel down  
11&12& Step forward on right, make ½ turn right stepping on left, make another ½ turn stepping back on right, hitch left knee  
13&14& Step back on left, close right to left, step back on left, hitch right knee  
15&16& Step forward right, close left to right, step forward on right, close left to right

## **CROSS BACK SIDE SCUFF, CROSS BACK SIDE SCUFF, CROSS ROCKS SCUFF, CROSS ROCKS**

- 17&18& Cross right over left, step diagonally back on left, step side on right, scuff left foot though  
19&20& Cross left over right, step diagonally back on right step side on left, scuff right foot though  
21&22& Cross rock right over left, replace on left, rock forward on right, scuff left foot though  
23&24 Cross rock left over right, replace on right, rock forward on left, touch right to left

## **STEP TOGETHER STEP, HITCH ½ TURN, STEP TOGETHER HITCH, RUMBA BOX, SCUFF**

- 25&26& Step back on right, close left to right, step back on right, hitch left knee making ½ turn left  
27&28& Step forward on left, close right to left, step forward on left, hitch right knee  
29&30 Step side on right, close left to right, step back on right  
31&32& Step side on left, close right to left, step forward on left, scuff right foot though

## **REPEAT**

## **RESTART**

On the 3rd wall dance up to counts 16 and start again. Don't do the and beat after count 16. Go straight back to the start