Good-Timin'



Count: 48 Wall: 4 Level: Intermediate

Choreographer: Mike Cook (USA)

Music: Flat Natural Born Good-Timin' Man - Gary Stewart



BASIC SUGAR PUSH

1-2 Step forward on right, step forward on left

3-4 Touch (tap) right toes behind left, step back on right

COASTER STEP, POINT & HOLD

5& Step back on left, step right beside left

6 Step forward on left

7-8 Point right toes to the right, hold

SLIDE RIGHT, POINT & HOLD, SHUFFLE WITH 1/4 TURN

& Slide right beside left

9-10 Point left toes to the left, hold

11& Step left foot back making ¼ turn left, step right beside left

12 Step left beside right

BASIC SUGAR PUSH

13-14 Step forward on right, step forward on left

15-16 Touch (tap) right toes behind left, step back on right

COASTER STEP, POINT & HOLD

17& Step back on left, step right beside left

18 Step forward on left

19-20 Point right toes to the right, hold

SLIDE RIGHT, POINT & HOLD, SAILOR STEP

& Slide right beside left

21-22 Point left toes to the left, hold

23& Step left behind right, step right to the side

24 Left to the side

SAILOR STEP. BACKWARDS MASHED POTATOES

25& Step right behind left, step left to the side

26 Step right to the side

Step ball of left foot behind right while lifting right on to ball of foot, pivot both heels in

&28 Pivot both heels out, pivot both heels in

& Step ball of right foot behind left staying on ball of left foot

BACKWARDS MASHED POTATOES

29& Pivot both heels in, pivot both heels out

Pivot both heels in, step ball of left foot behind right while lifting right on to ball of foot

31& Pivot both heels in, pivot both heels out

32 Pivot both heels in

You can substitute small backwards shuffle steps for mashed potatoes

SIDEWAYS SHUFFLE, QUICK 1/2 PIVOT, SIDEWAYS SHUFFLE

33& Step right to the right, step left next to right

34& Step right to the right, on ball of right foot pivot ½ turn to the right

35& Step left to the left, step right next to left

36 Step left to the left

SIDEWAYS SHUFFLE, QUICK 1/2 PIVOT, SIDEWAYS SHUFFLE

37& Step right to the right, step left next to right

38& Step right to the right, on ball of right foot pivot ½ turn to the right

39& Step left to the left, step right next to left

40 Step left to the left

KICK, KICK, 1/2 SWING TURN, STEP DOWN RIGHT

41-42 Kick right foot forward, kick right foot forward

Swing right foot around pivoting ½ turn right on ball of left foot, step weight to right

STEP, SLIDE, HITCH, TAP HEEL

Step big step left keeping right toe pointed right and left knee slightly bent, slide right next to

left

47-48 Hitch right while raising left heel, tap left heel down

Alternate for 47 step right next to left 48 step left next to right

REPEAT