## Get Used To This!



Count: 32 Wall: 4 Level: Improver

Choreographer: Nancy Morgan (USA)

Music: Get Used to This - Cyrena



### CROSS, STEP, SAILOR SHUFFLE, SAILOR SHUFFLE, KICK-BALL-CHANGE

1-2 Cross/step right over left, step left to left side

3&4 Sailor shuffle - step right behind left, step left foot out to left side, step right foot slightly

forward

Sailor shuffle - step left behind right, step right foot out to right side, step left foot slightly

forward

7&8 Kick-ball-change - kick right foot forward, step right next to left as you lift right foot off of

ground and set it back down

# SHUFFLE FORWARD, SHUFFLE FORWARD, ½ TURN PIVOT, STEP BACK ½ TURN, STEP FORWARD ½ TURN

1&2 Shuffle forward - right, left, right3&4 Shuffle forward - left, right, left

5-6 Step forward on right, pivot ½ turn to your right (weight is on left)

Step back on your right ½ turn to your right
Step forward on your left ½ turn to your right

For beginners: on steps 7-8 just walk forward right, left

### ROCK FORWARD AND BACK AND WALK, WALK, REPEAT

1&2& Rock/step forward on right and back on left, rock/step back on right and forward on left

3-4 Walk forward right, left

5&6& Rock/step forward on right and back on left, rock/step back on right and forward on left

7-8 Walk forward right, left

### MAMBO MONTEREY, SHUFFLE BACK 1/4 TURN, COASTER STEP

1&2 Rock/step right foot out to right side, back on left, turning ½ turn out right foot next to left

3&4 Side rock left foot out to left side and back on right, cross left over right

5&6 Turning ¼ turn to your left, shuffle back - right, left, right

7&8 Coaster step - step back on your left, step back on your right, step forward on your left

#### **REPEAT**